

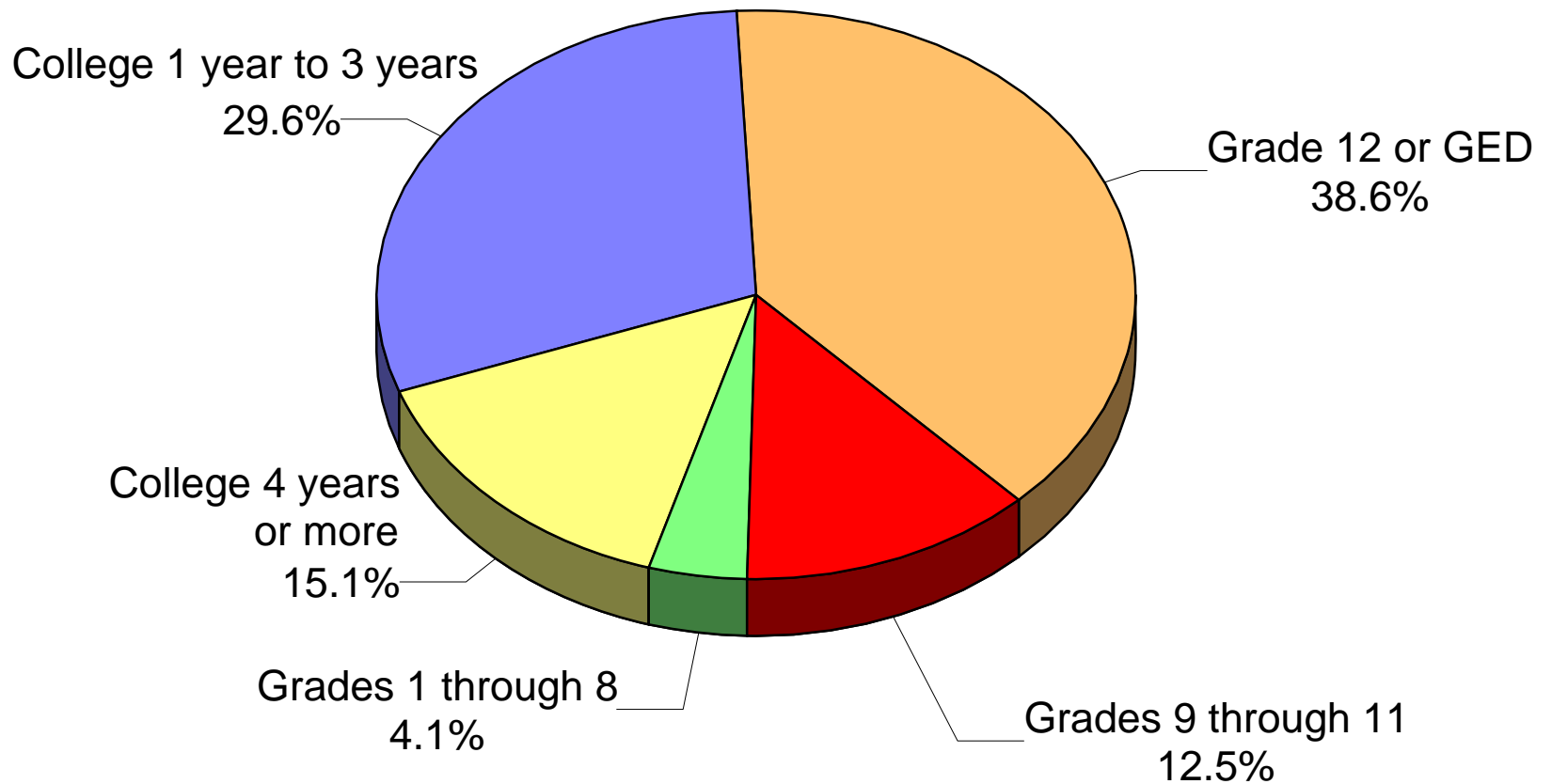
**Cumberland County**  
**Department of Health**  
***BRFSS Study Results***

# Category Listings

- Respondent Demographics
- Health Status
- Health Care Access
- Asthma
- Diabetes
- Arthritis
- Hypertension Awareness
- Cholesterol Awareness
- Cardiovascular Disease
- Immunizations
- Tobacco Use
- Alcohol Use
- Weight Control
- Exercise / Physical Activity
- Fruit/Vegetable Consumption
- Women's Health
- Prostate Cancer Screening
- HIV/AIDS
- Oral Health
- Veteran's Status
- Falls
- Disability
- Excess Sun Exposure
- Health Department

# **Respondent Demographics**

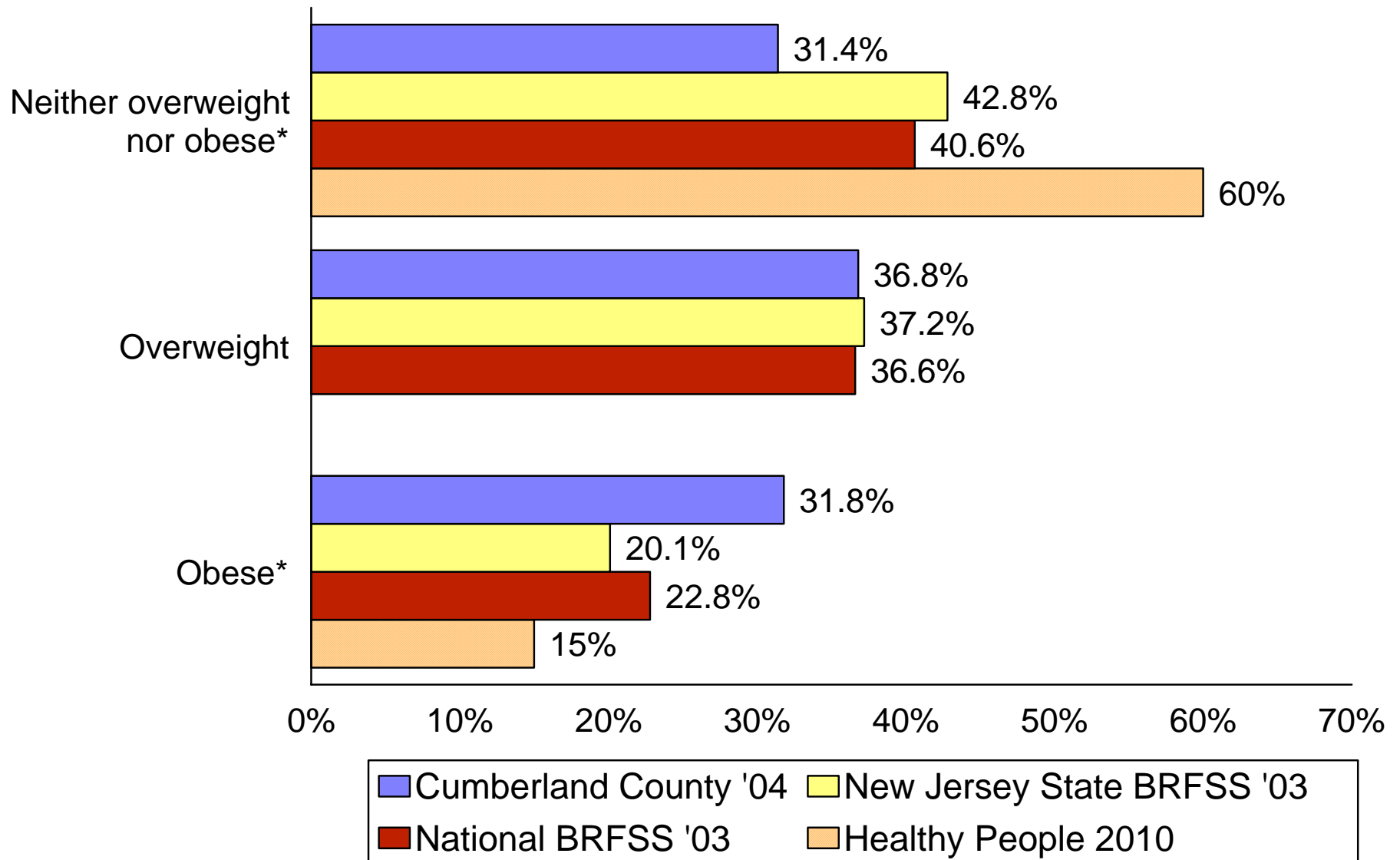
# Highest Grade or Year of School Completed



N=614

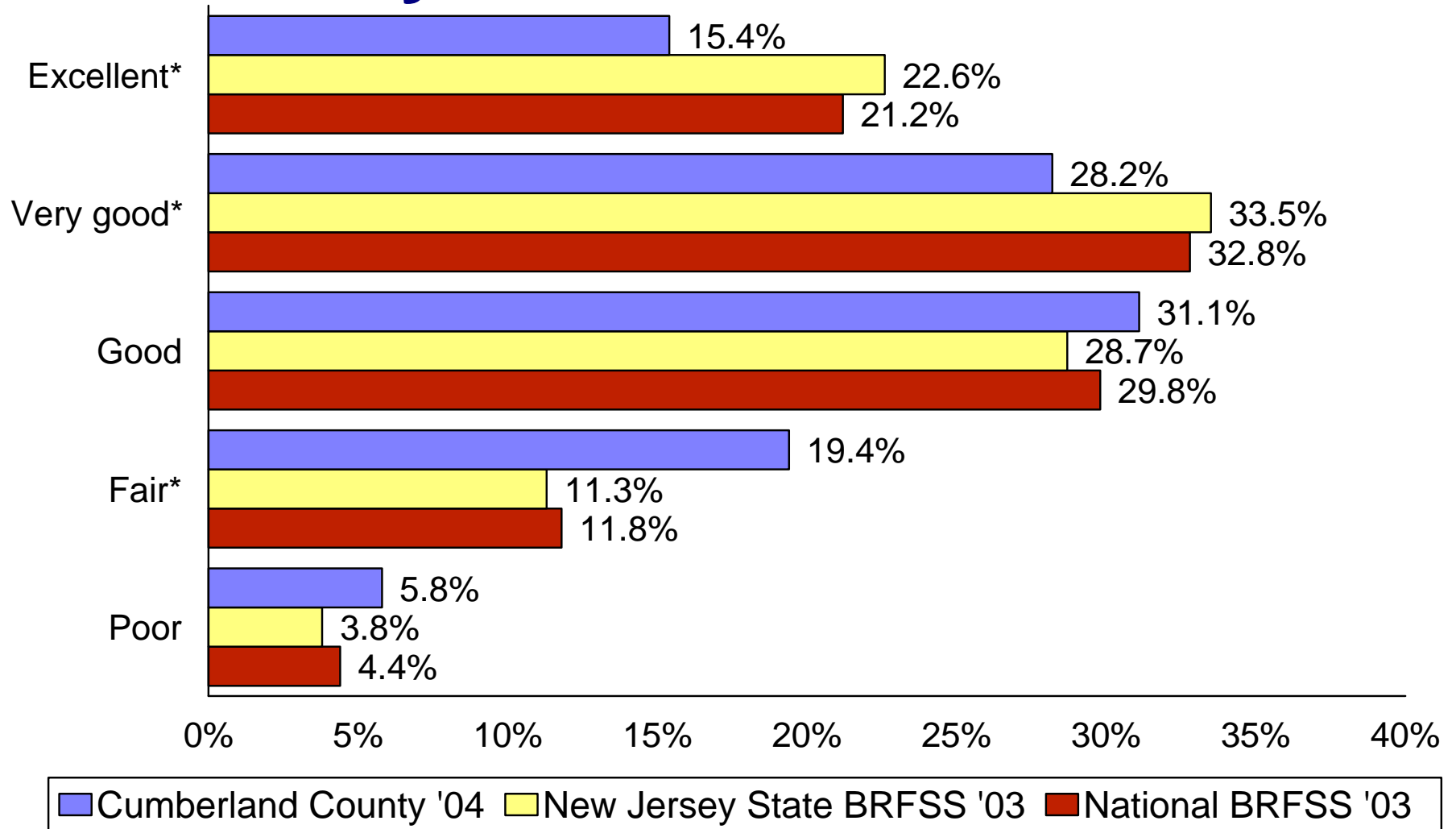
# Health Status

# Body Mass Index



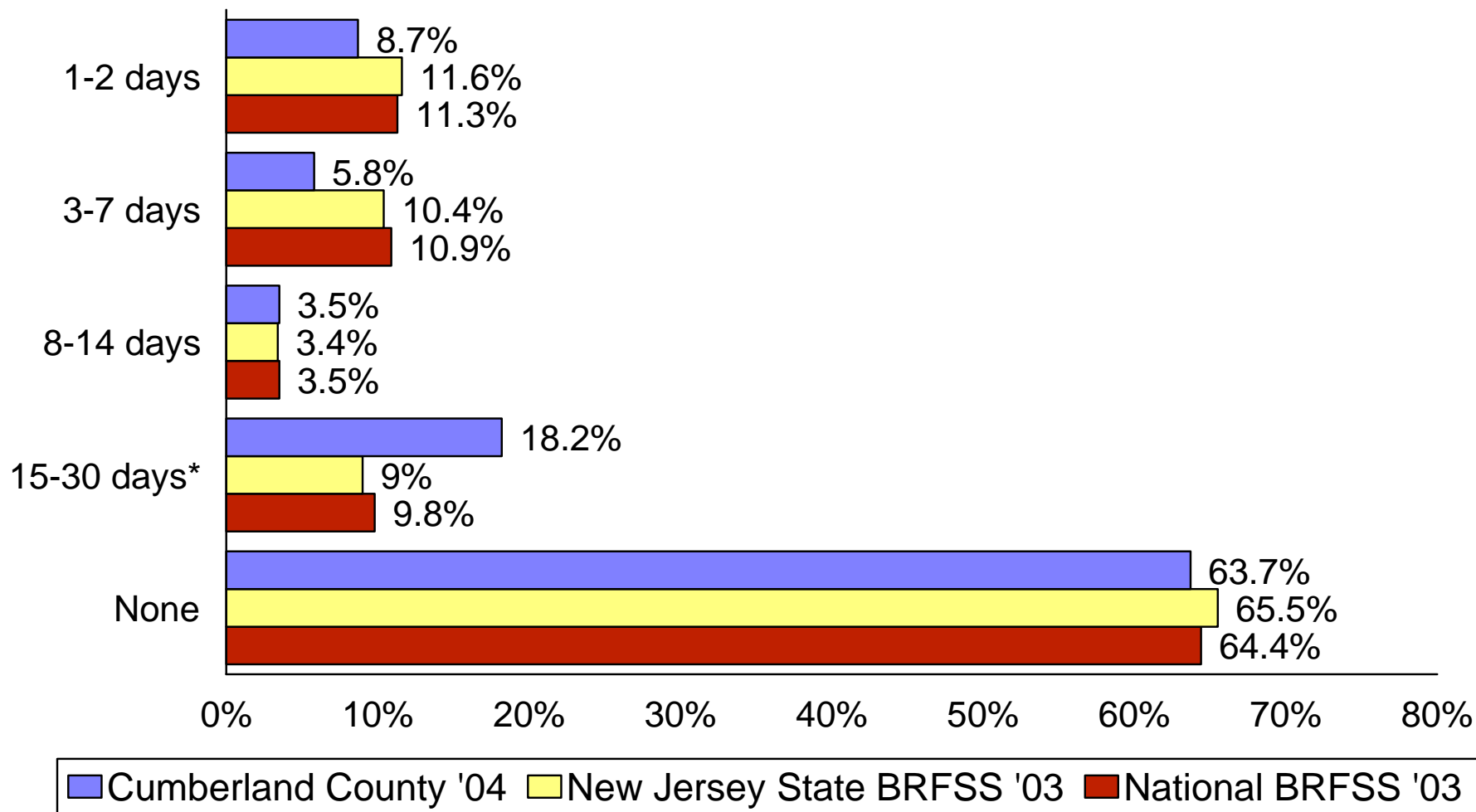
\*Cumberland County is significantly different than New Jersey and National.

# Would you say in general that your health is...?



\*Cumberland County is significantly different than New Jersey and National.

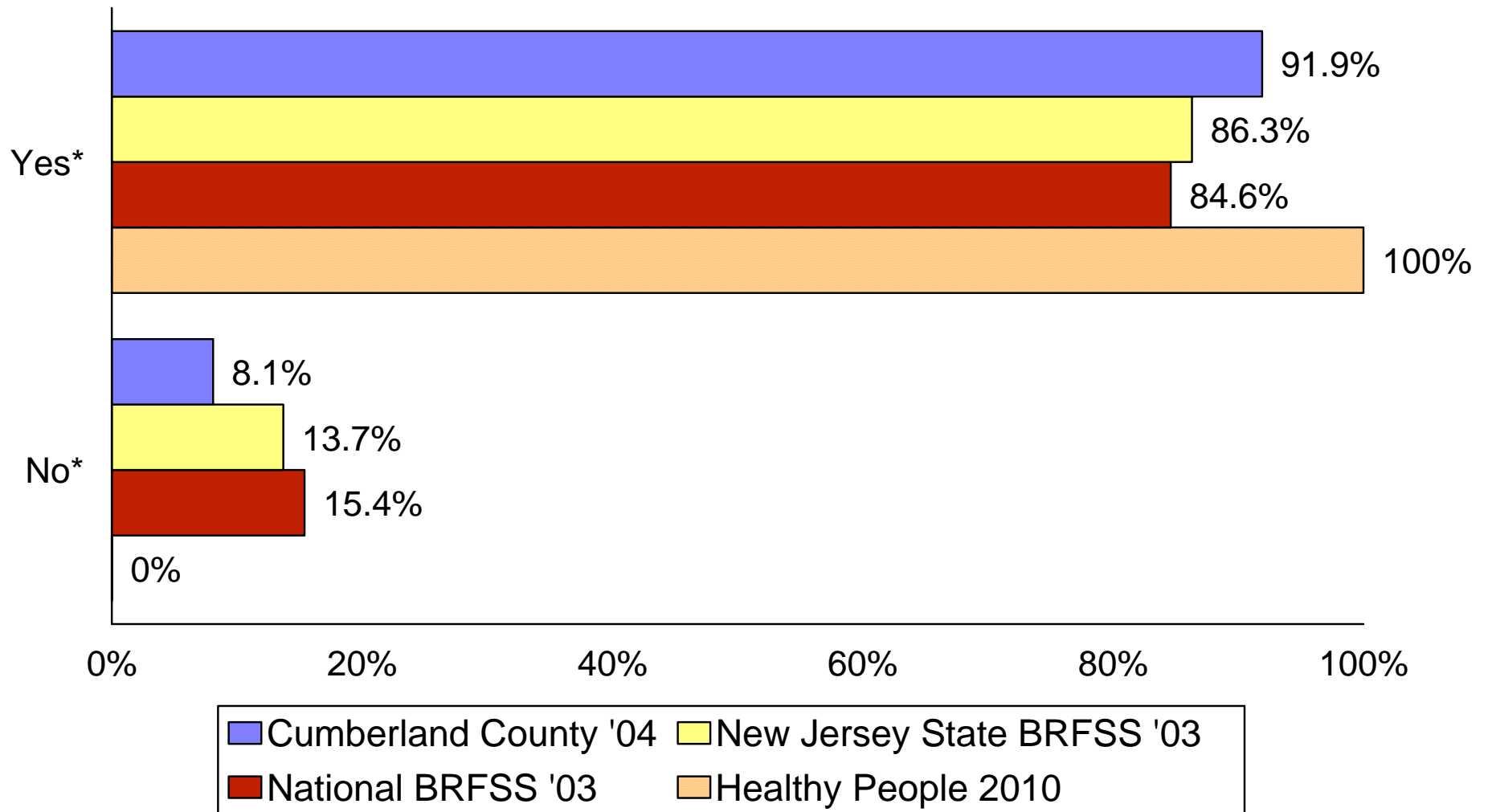
# Now thinking about your physical health, for how many days during the past 30 days was your physical health not good?



\*Cumberland County is significantly different than New Jersey and National.

# **Health Care Access**

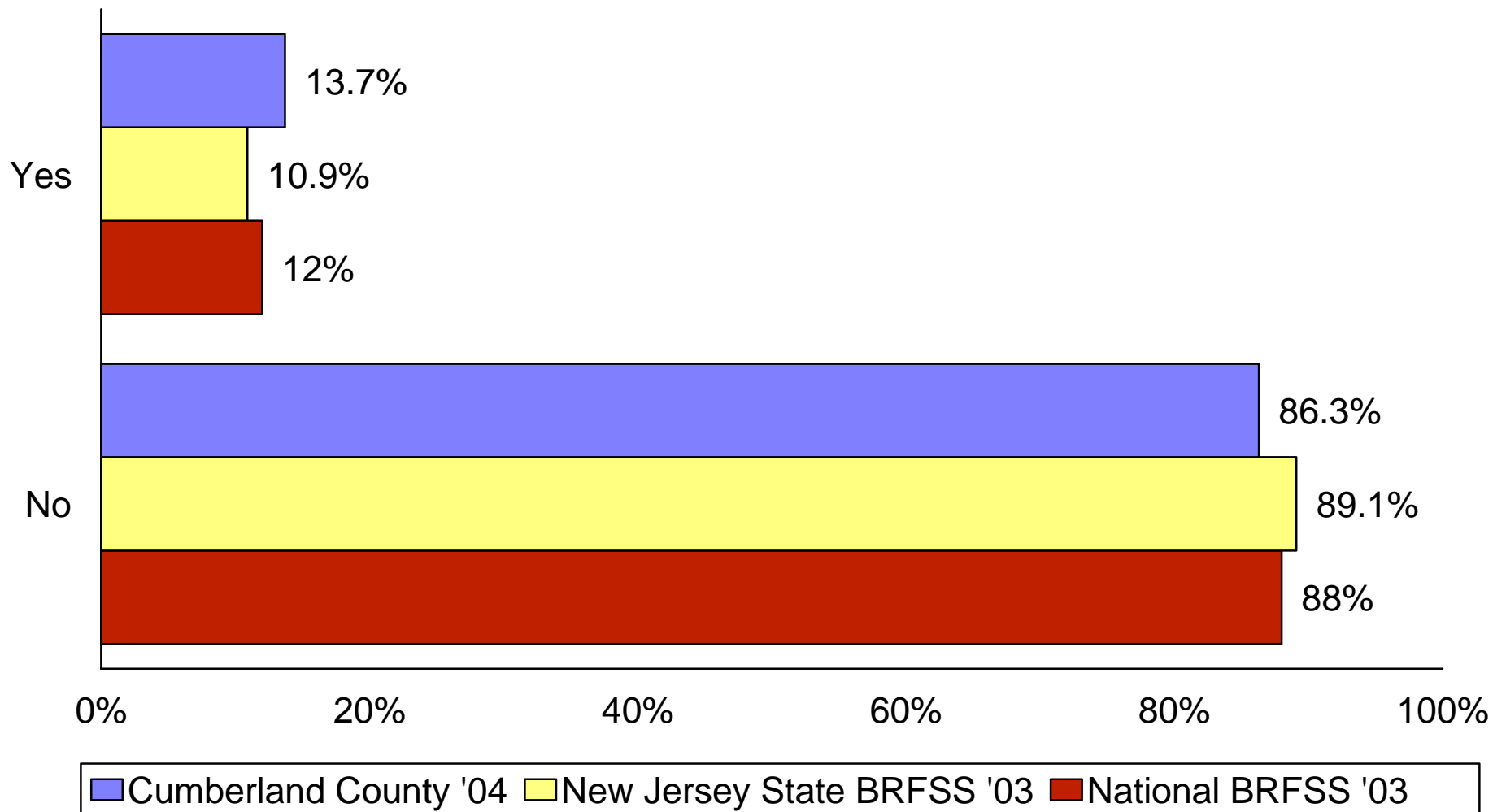
# Do you have any kind of health care coverage?



\*Cumberland County is significantly different than New Jersey and National.

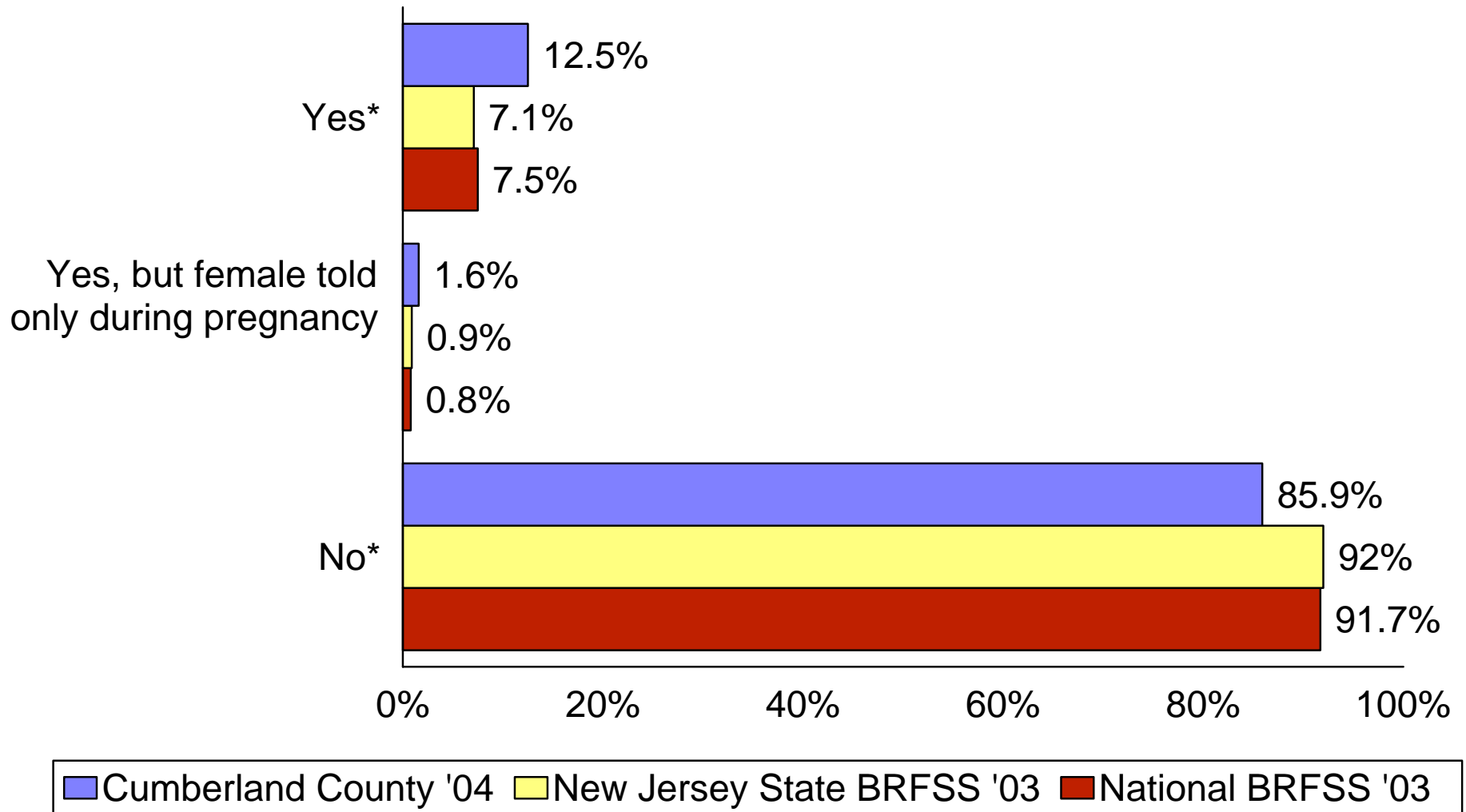
# Asthma

# Have you ever been told by a doctor, nurse, or other health professional that you have asthma?



# Diabetes

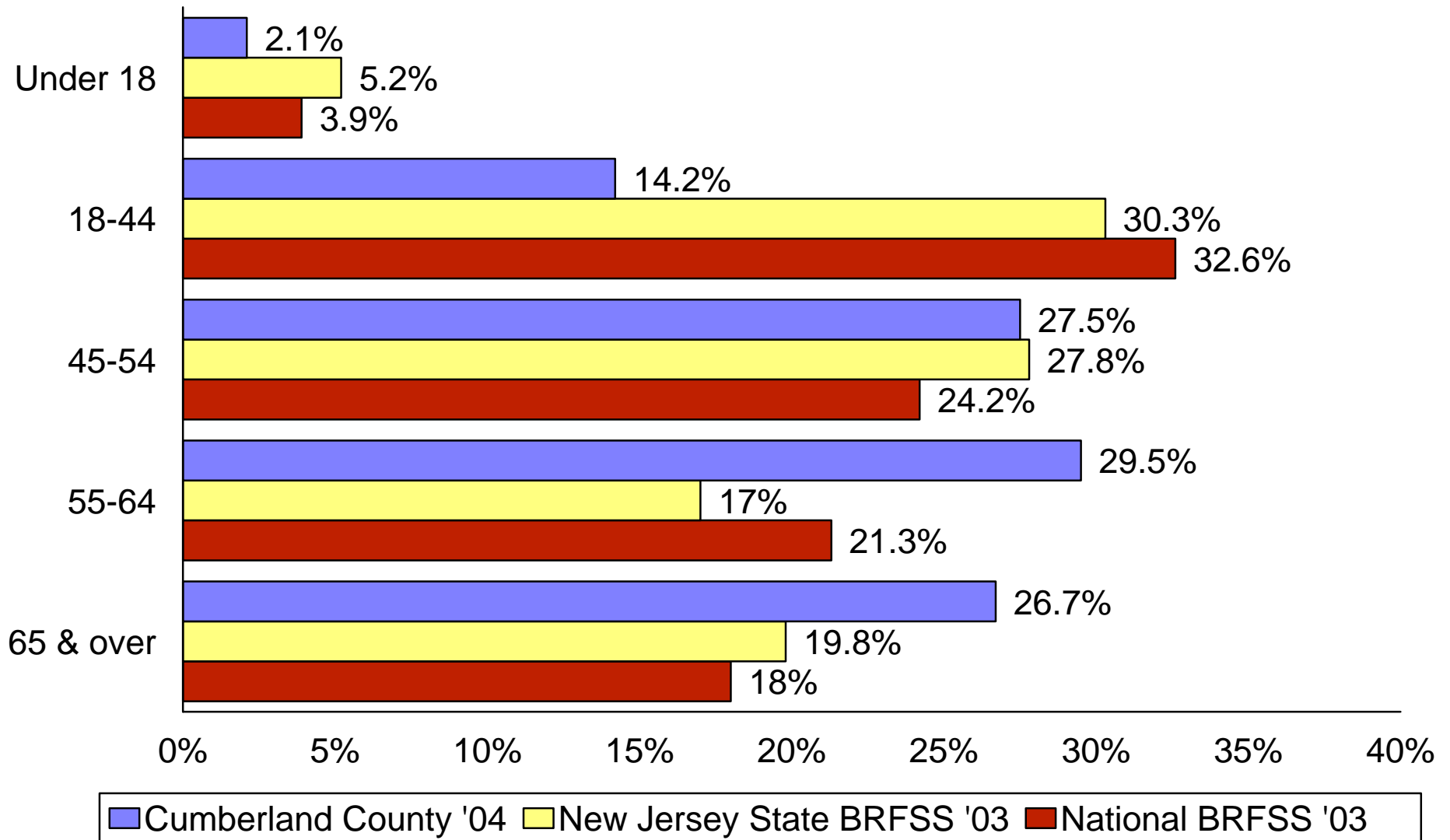
# Have you ever been told by a doctor that you have diabetes?



\*Cumberland County is significantly different than New Jersey and National.

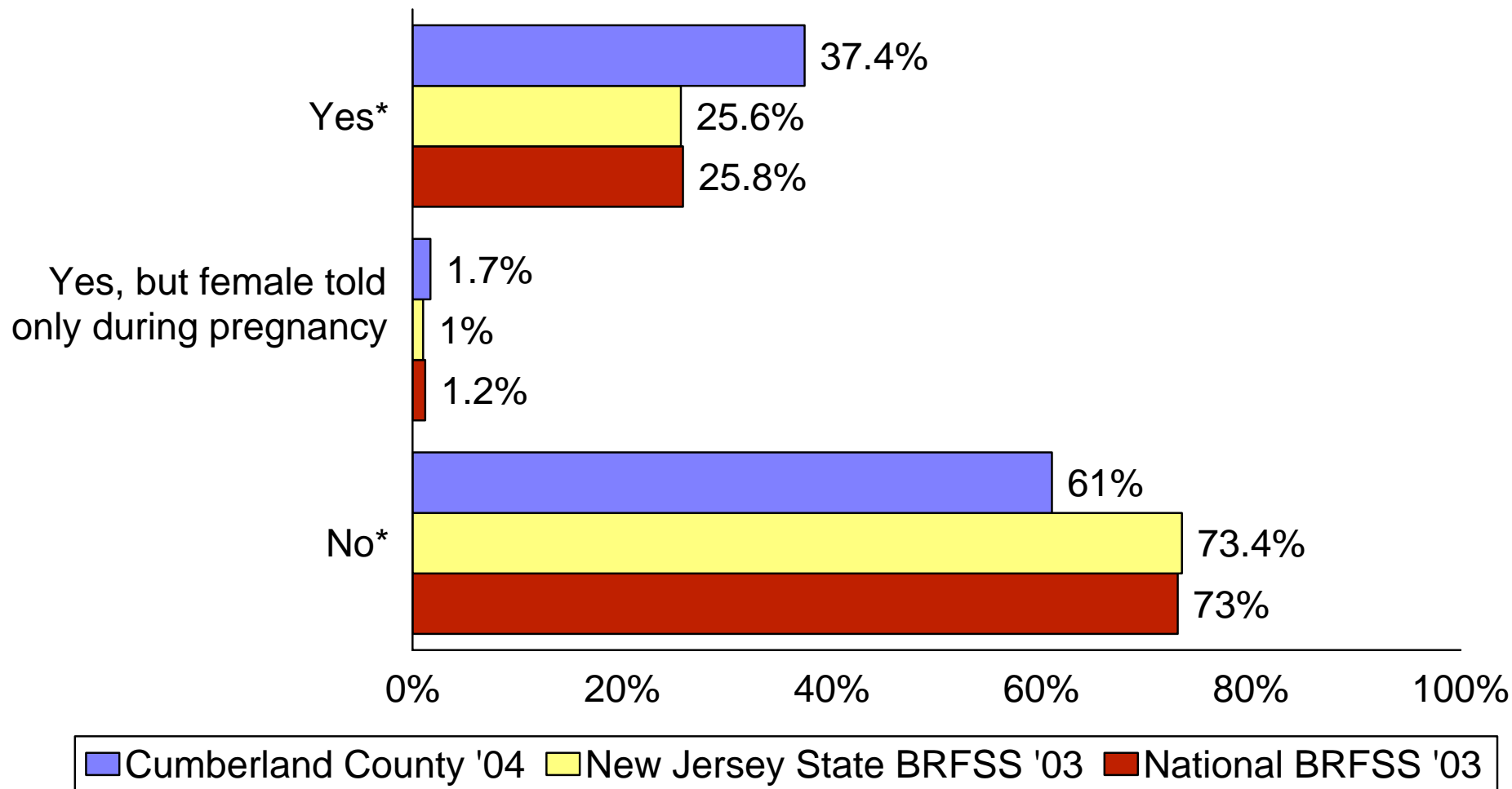
# Age when diagnosed with diabetes

*Respondents with diabetes*



# **Hypertension Awareness**

# Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

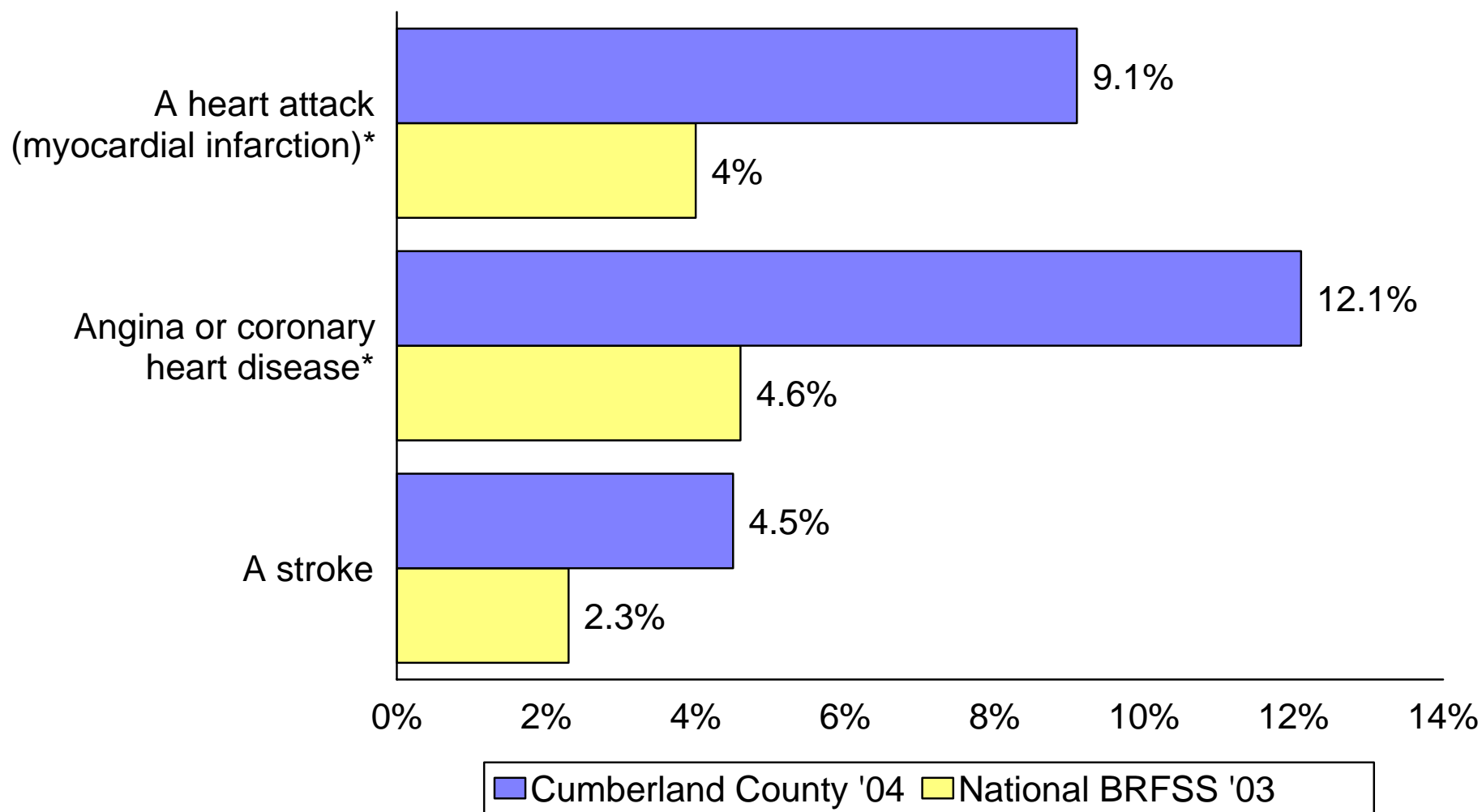


\*Cumberland County is significantly different than New Jersey and National.

# **Cardiovascular Disease**

# Has a doctor, nurse, or other health professional ever told you that you had...?

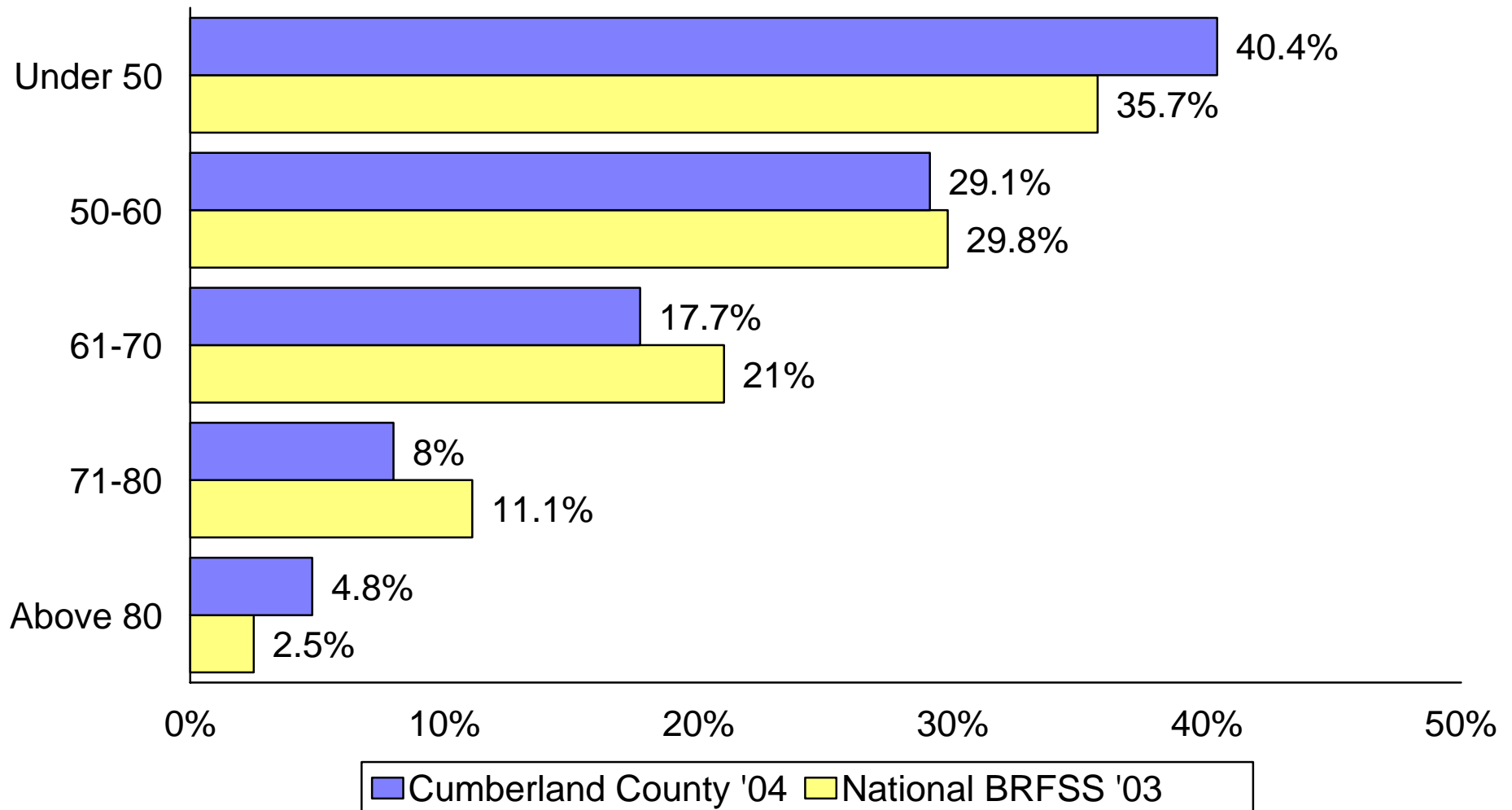
*Percentage of "Yes" responses*



\*Cumberland County is significantly different than National.

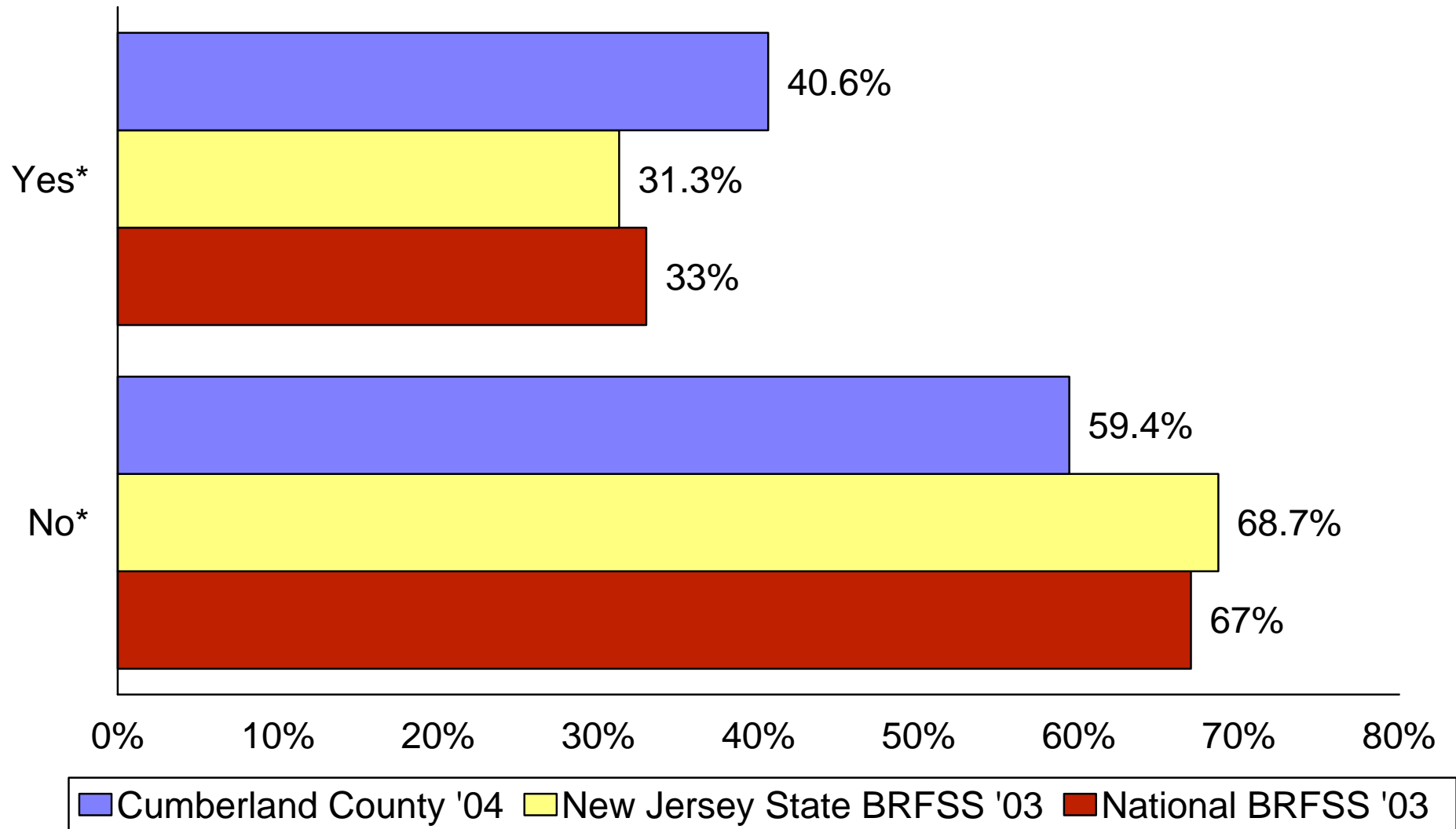
# At what age did you have your first heart attack?

*Respondents who have had a heart attack*



# Immunizations

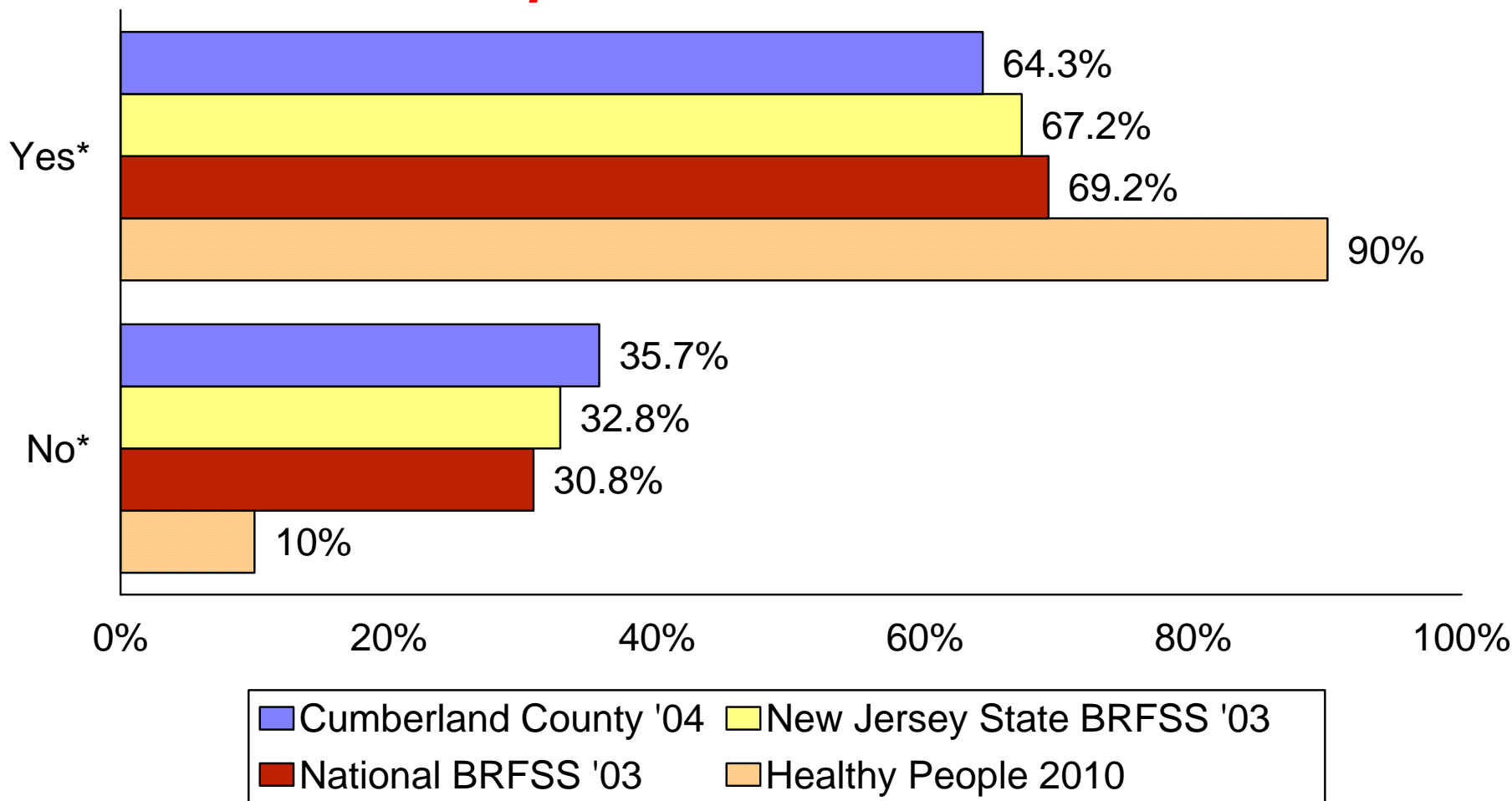
# During the past 12 months, have you had a flu shot?



\*Cumberland County is significantly different than New Jersey and National.

# During the past 12 months, have you had a flu shot?

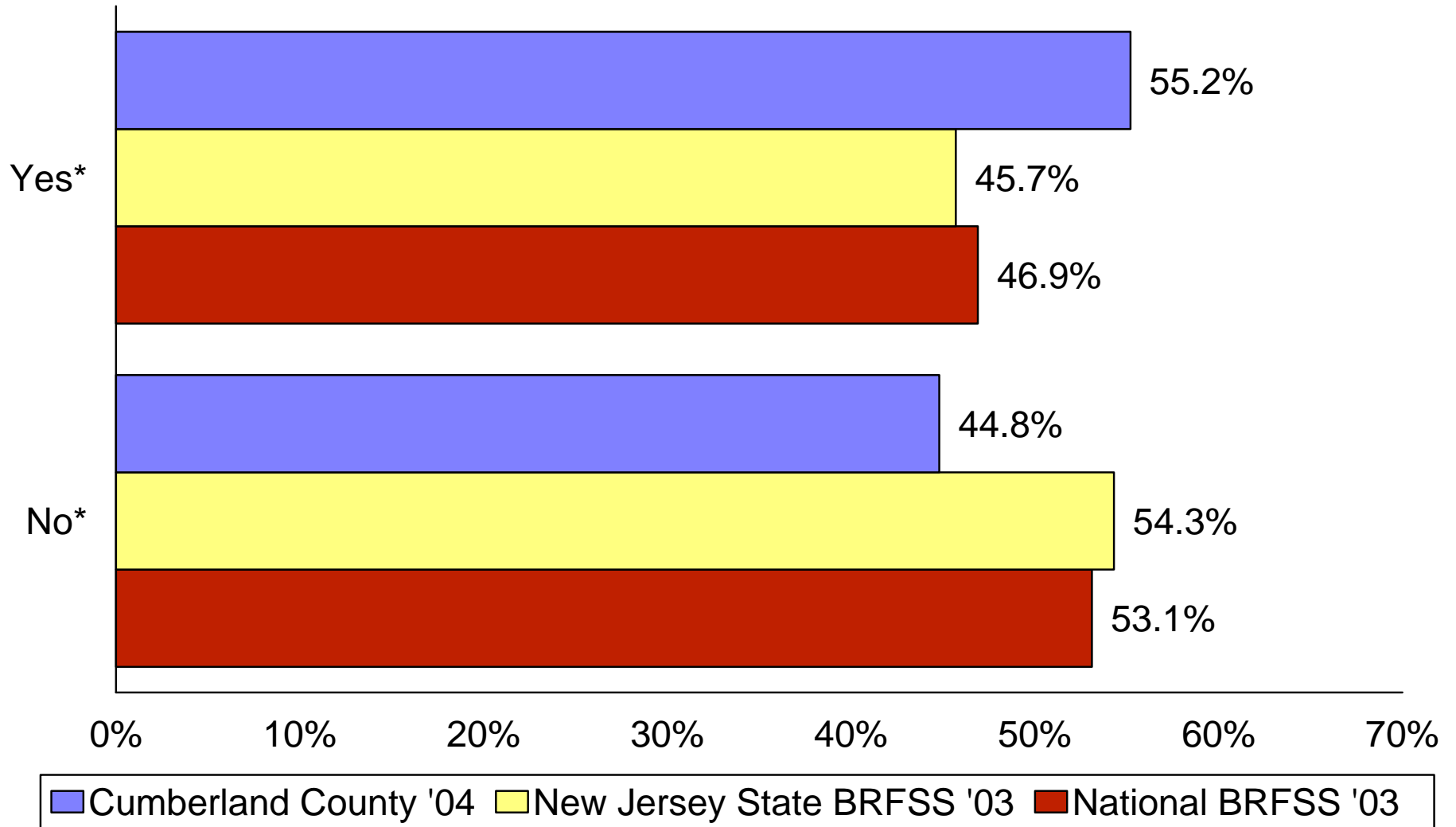
*Respondents 65 and over*



\*Cumberland County is significantly different than National.

# **Tobacco Use**

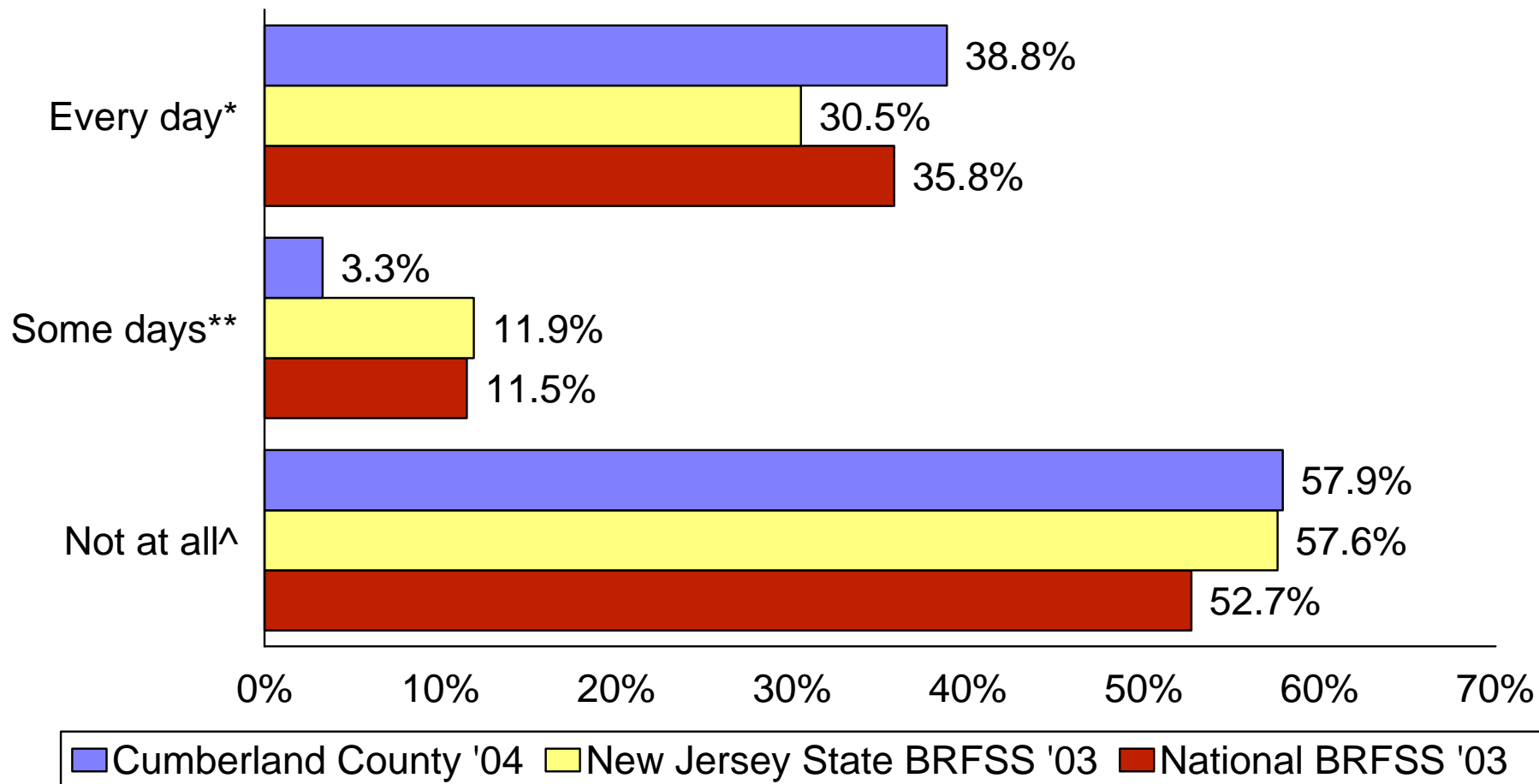
# Have you smoked at least 100 cigarettes in your entire life?



\*Cumberland County is significantly different than New Jersey and National.

# Do you now smoke cigarettes every day, some days, or not at all?

*Respondents who have smoked at least 100 cigarettes*



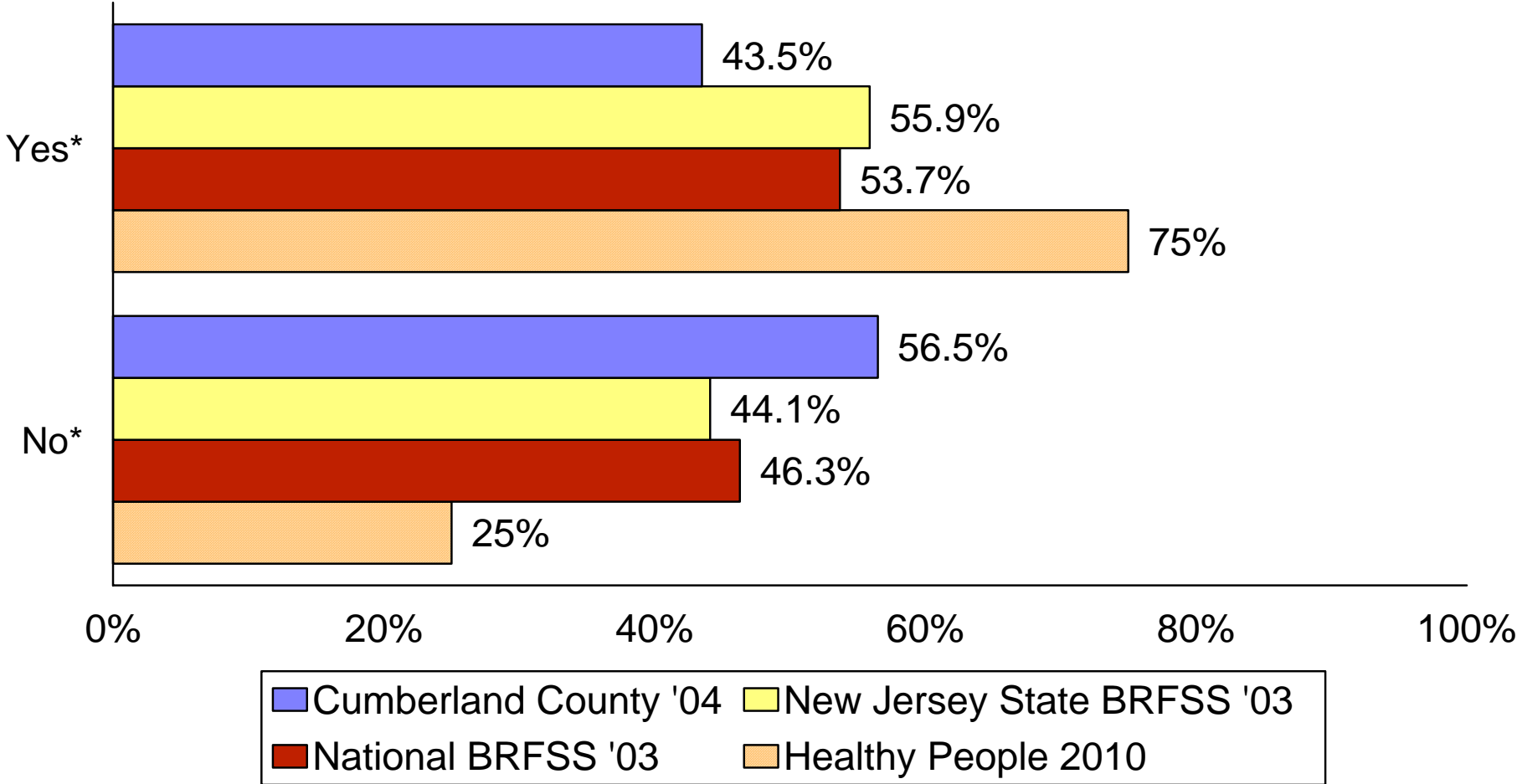
\*Cumberland County is significantly different than New Jersey.

\*\*Cumberland County is significantly different than New Jersey and National.

^Cumberland County is significantly different than National.

# During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

*Respondents who smoke some days or every day*

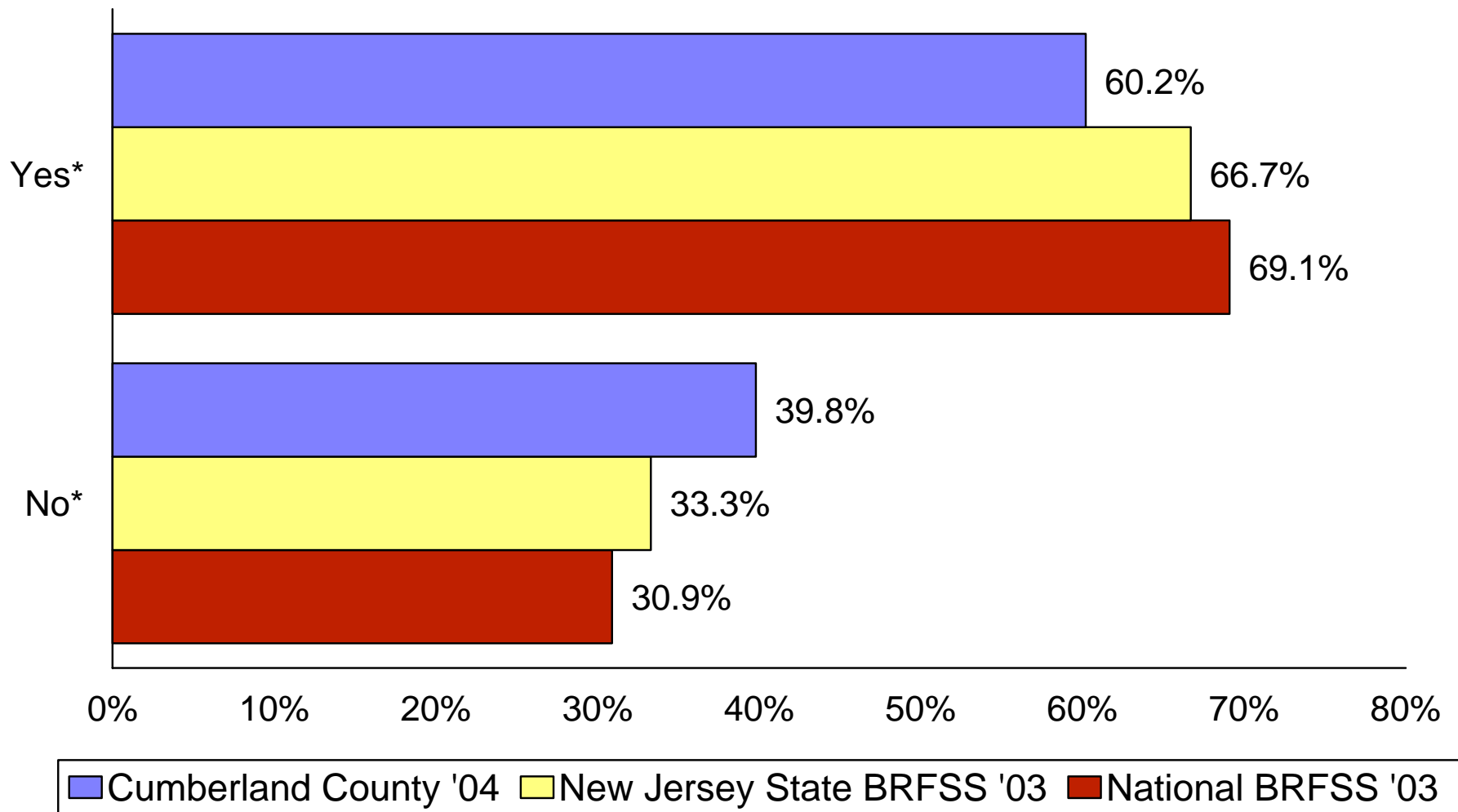


\*Cumberland County is significantly different than New Jersey and National.

# **Weight Control**

# Are you using physical activity to lose weight or keep from gaining weight?

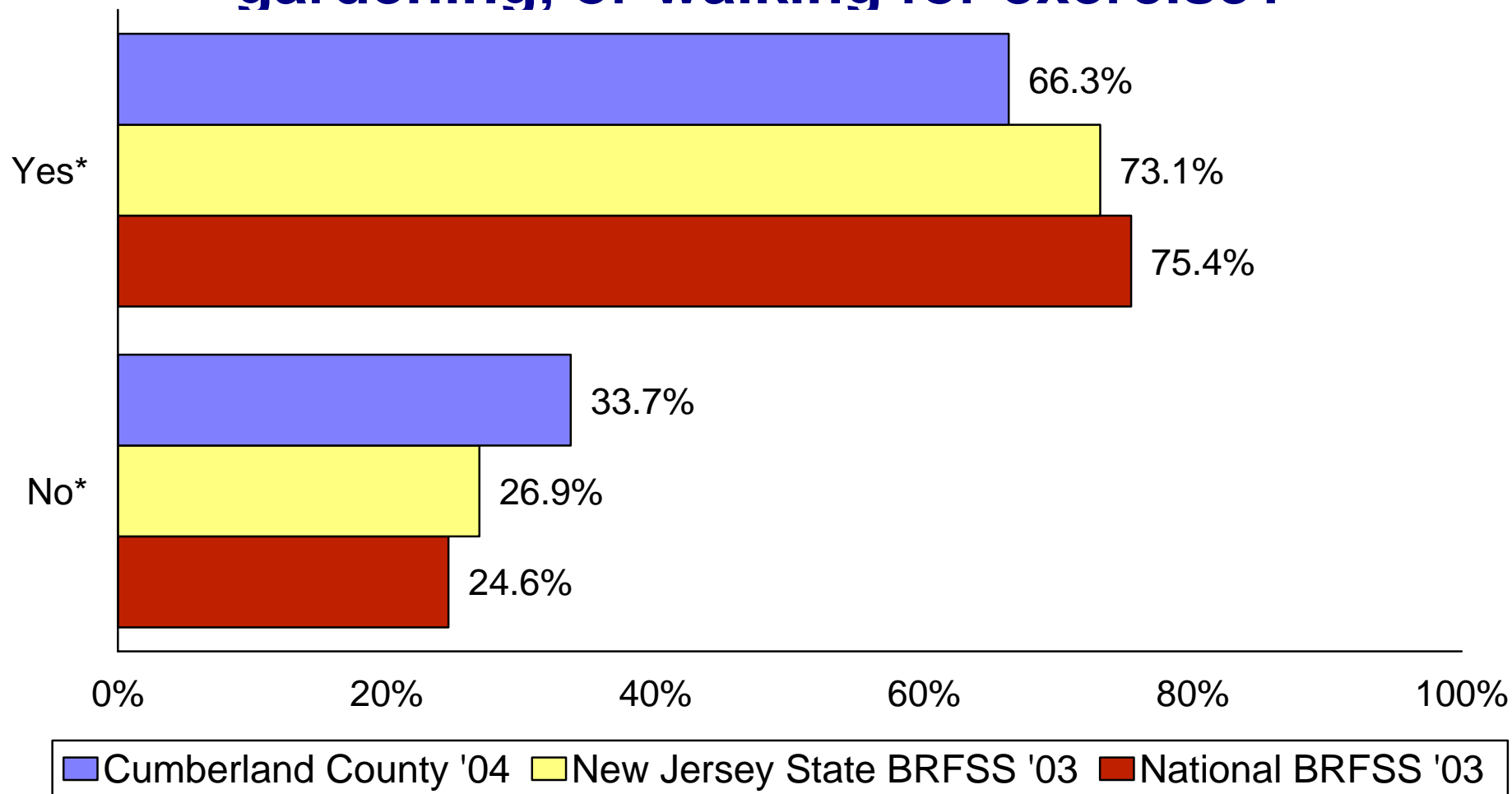
*Respondents trying to lose or maintain weight*



\*Cumberland County is significantly different than New Jersey and National.

# **Exercise and Physical Activity**

# During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

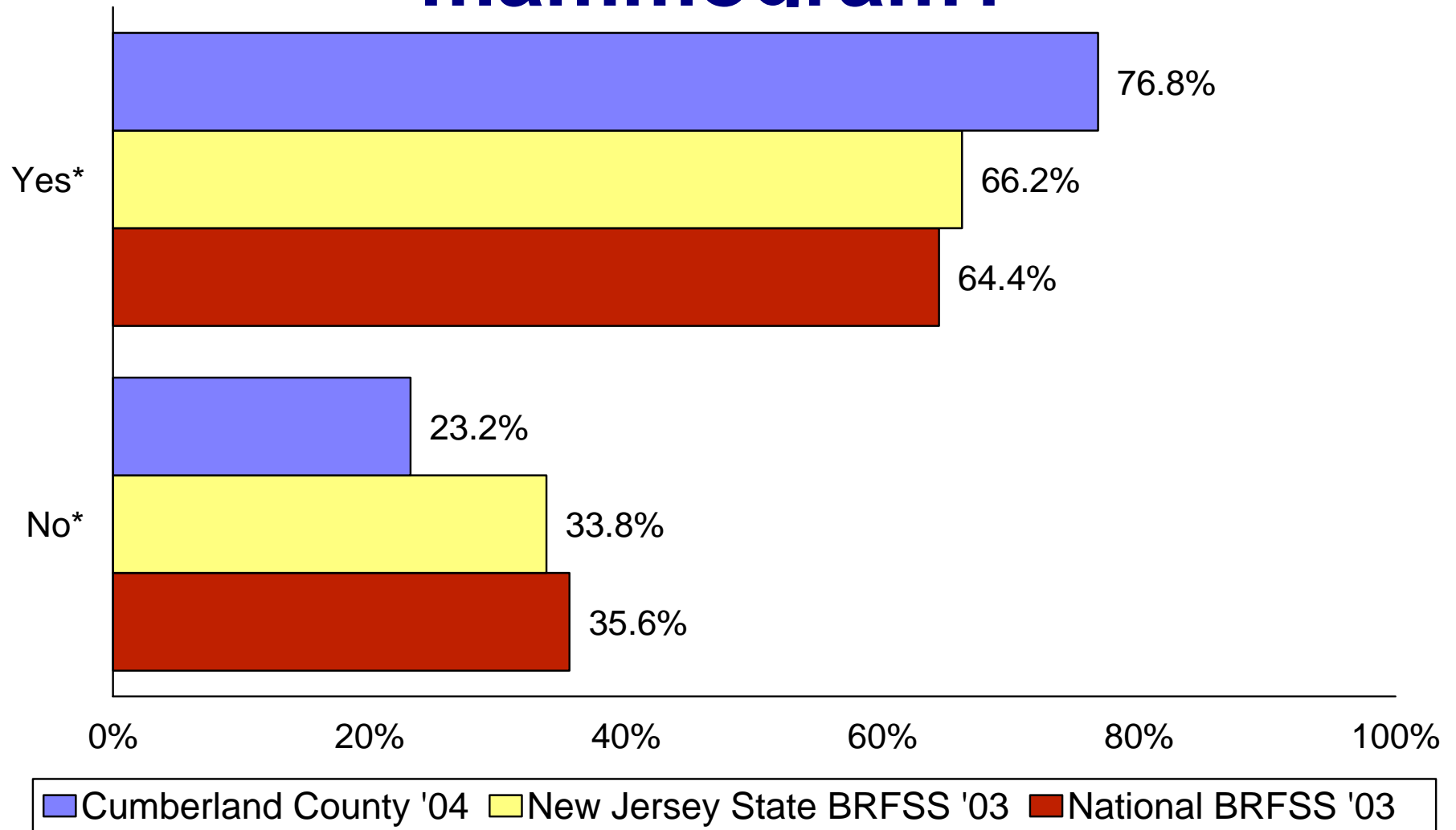


\*Cumberland County is significantly different than New Jersey and National.

# **Women's Health**

***Asked only of Females***

# Have you ever had a mammogram?

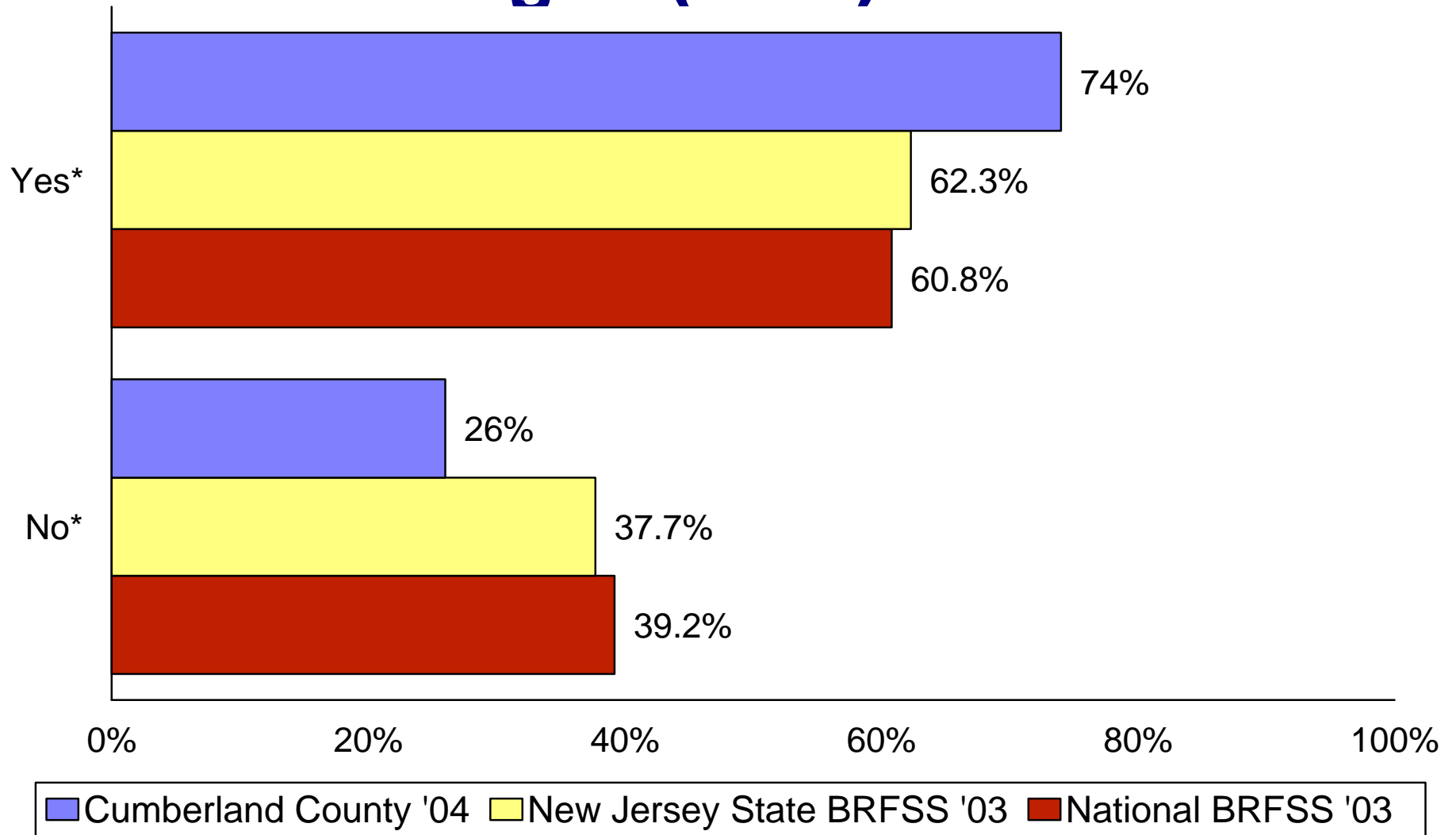


\*Cumberland County is significantly different than New Jersey and National.

# **Prostate Cancer Screening**

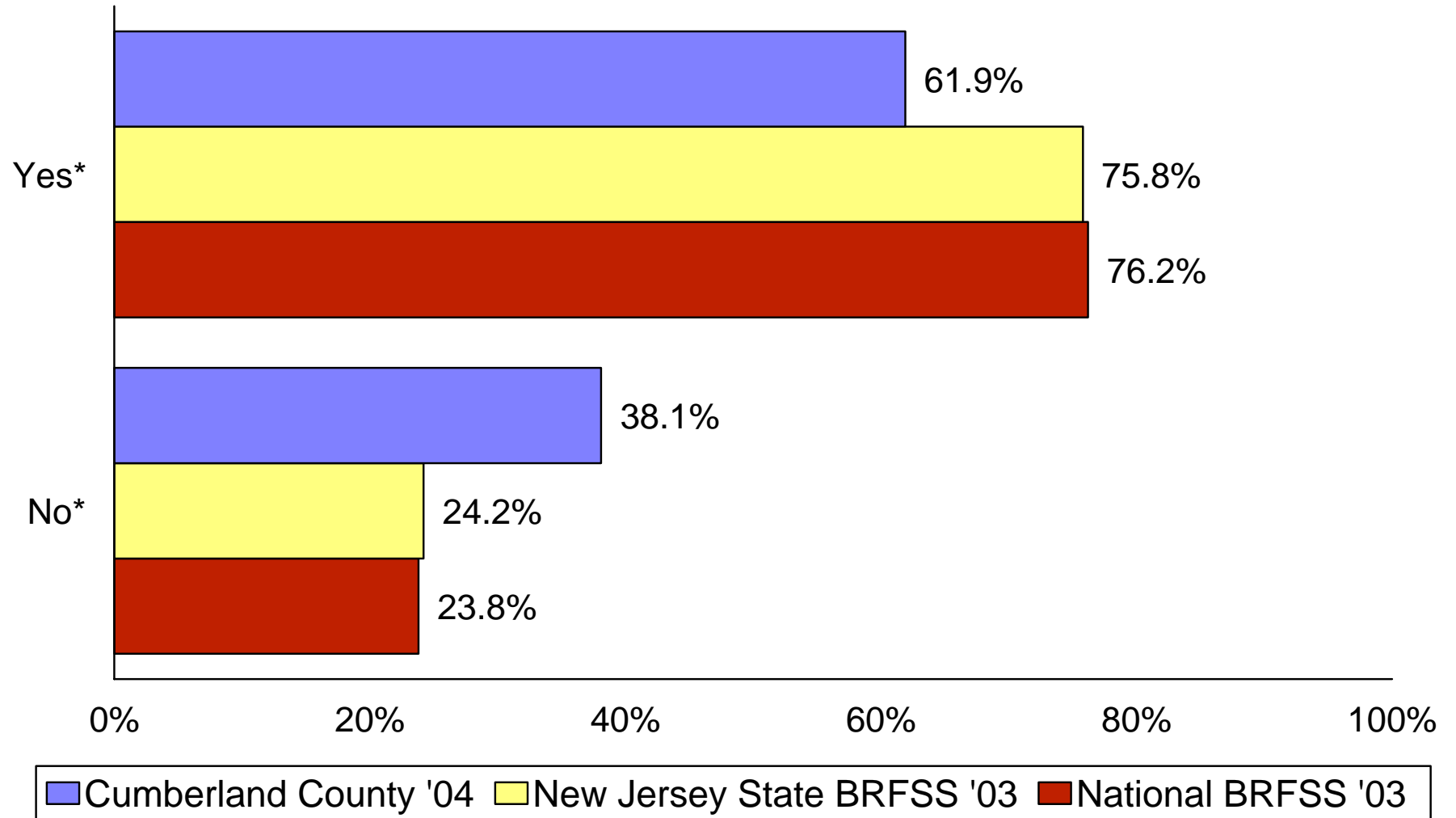
***Males Age 40 and Over Only***

# Have you ever had a Prostate-Specific Antigen (PSA) test?



\*Cumberland County is significantly different than New Jersey and National.

# Have you ever had a digital rectal exam?



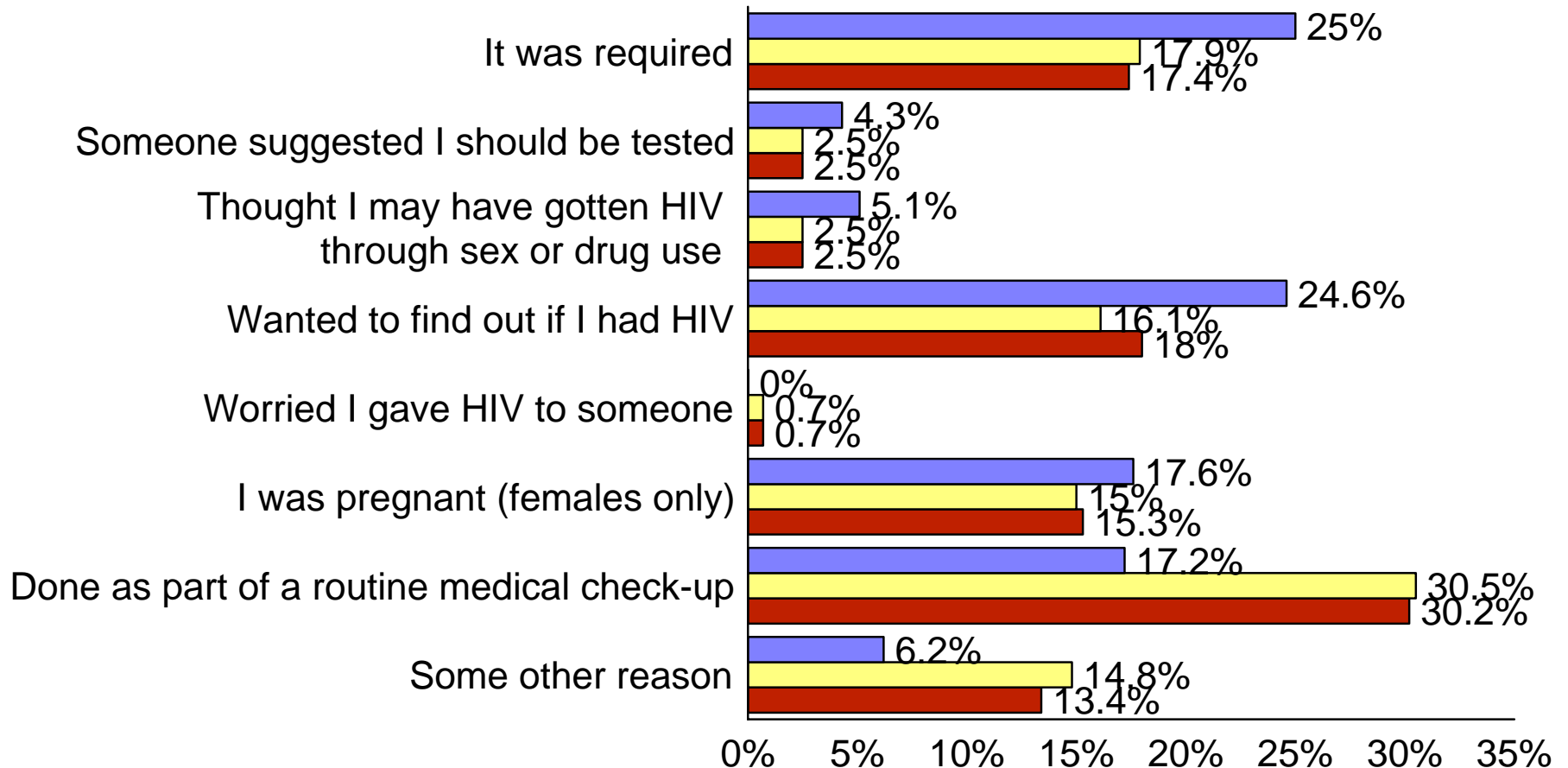
\*Cumberland County is significantly different than New Jersey and National.

# **HIV/AIDS**

***Only asked of respondents less than 65  
years of age***

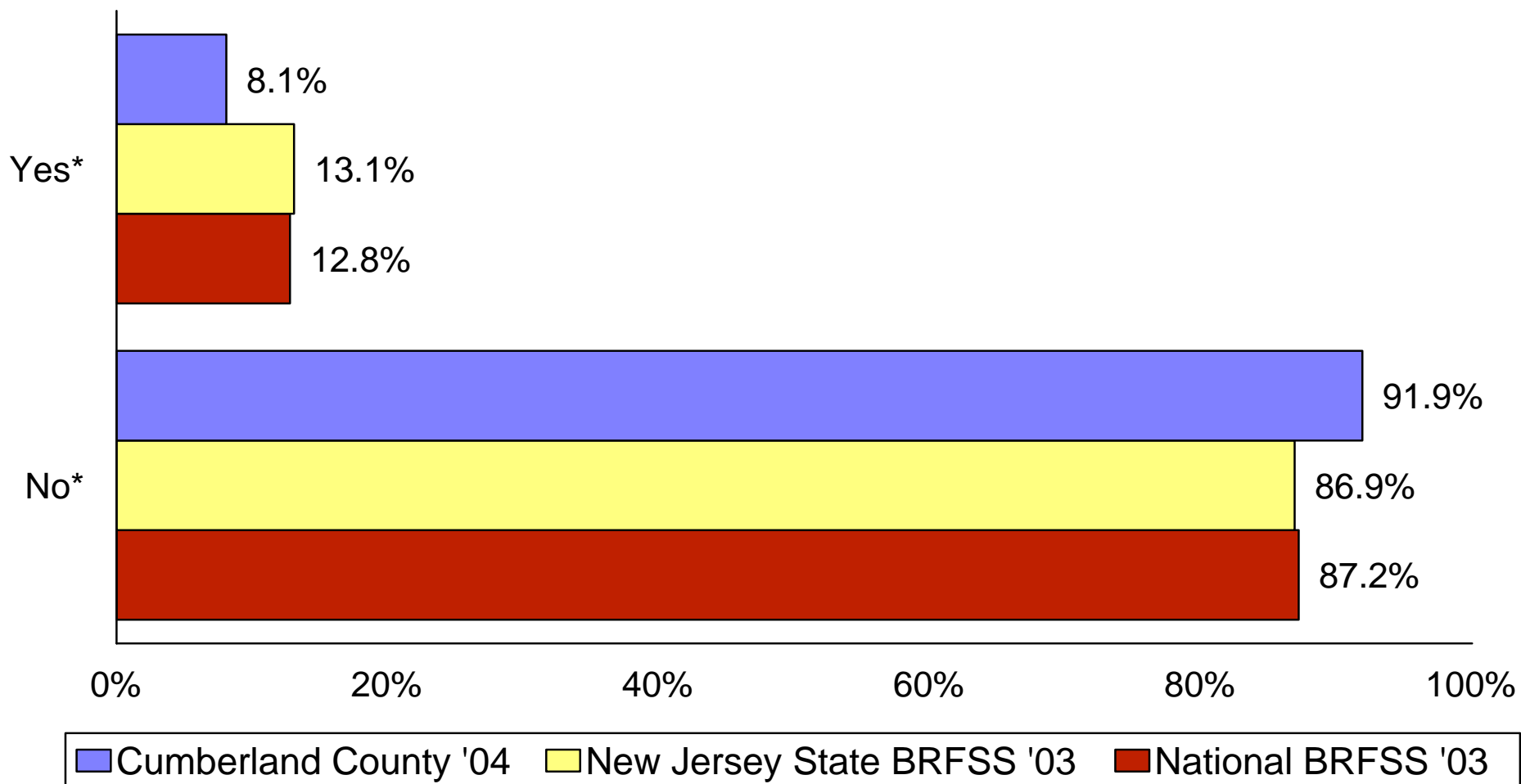
# What was the main reason you had your last HIV test?

*Respondents who have had an HIV test*



■ Cumberland County '04 
 ■ New Jersey State BRFSS '03 
 ■ National BRFSS '03

# In the past 12 months, has a doctor, nurse, or other health professional talked to you about preventing sexually transmitted diseases through condom use?



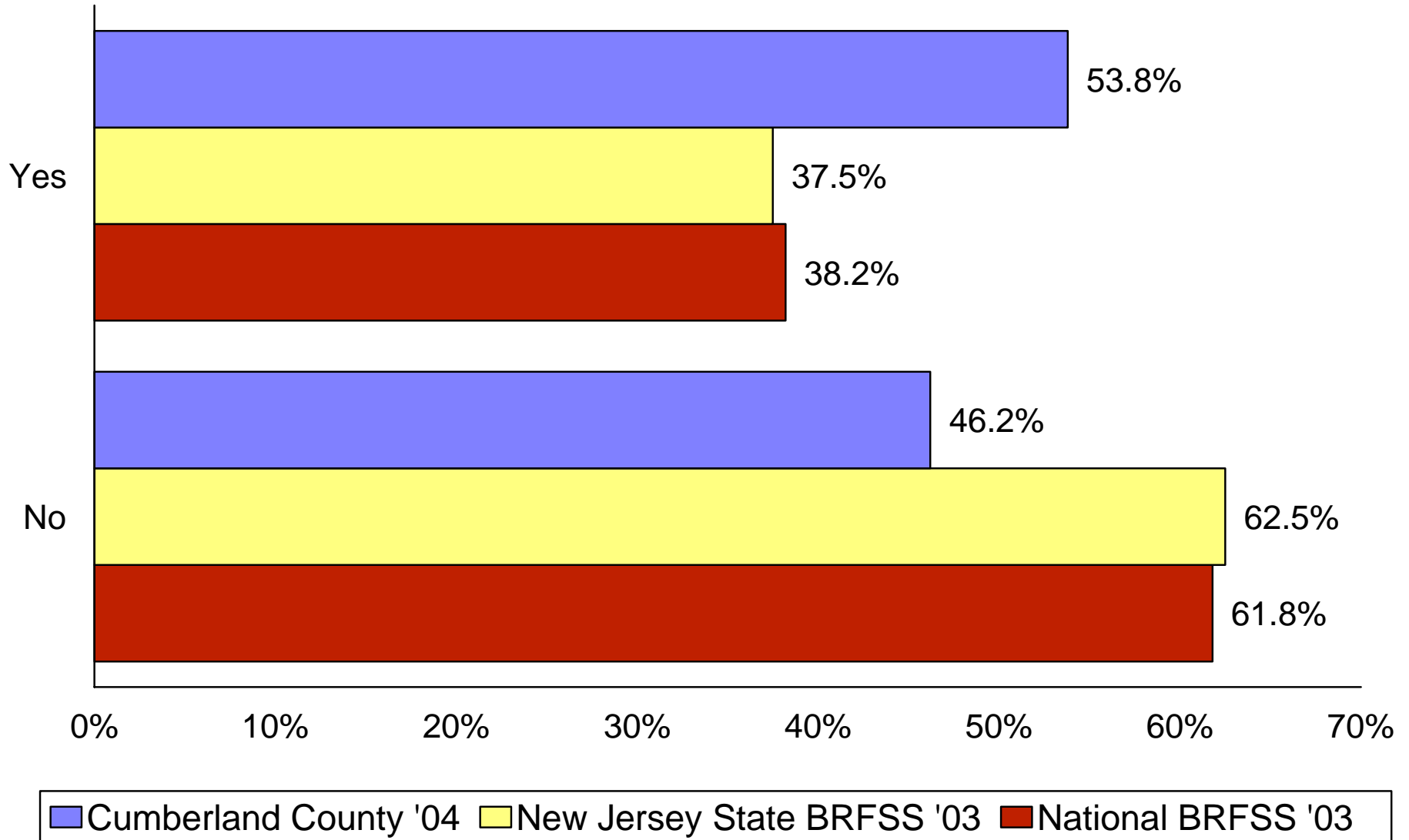
\*Cumberland County is significantly different than New Jersey and National.

# Falls

*Asked only of respondents 45  
years of age or older*

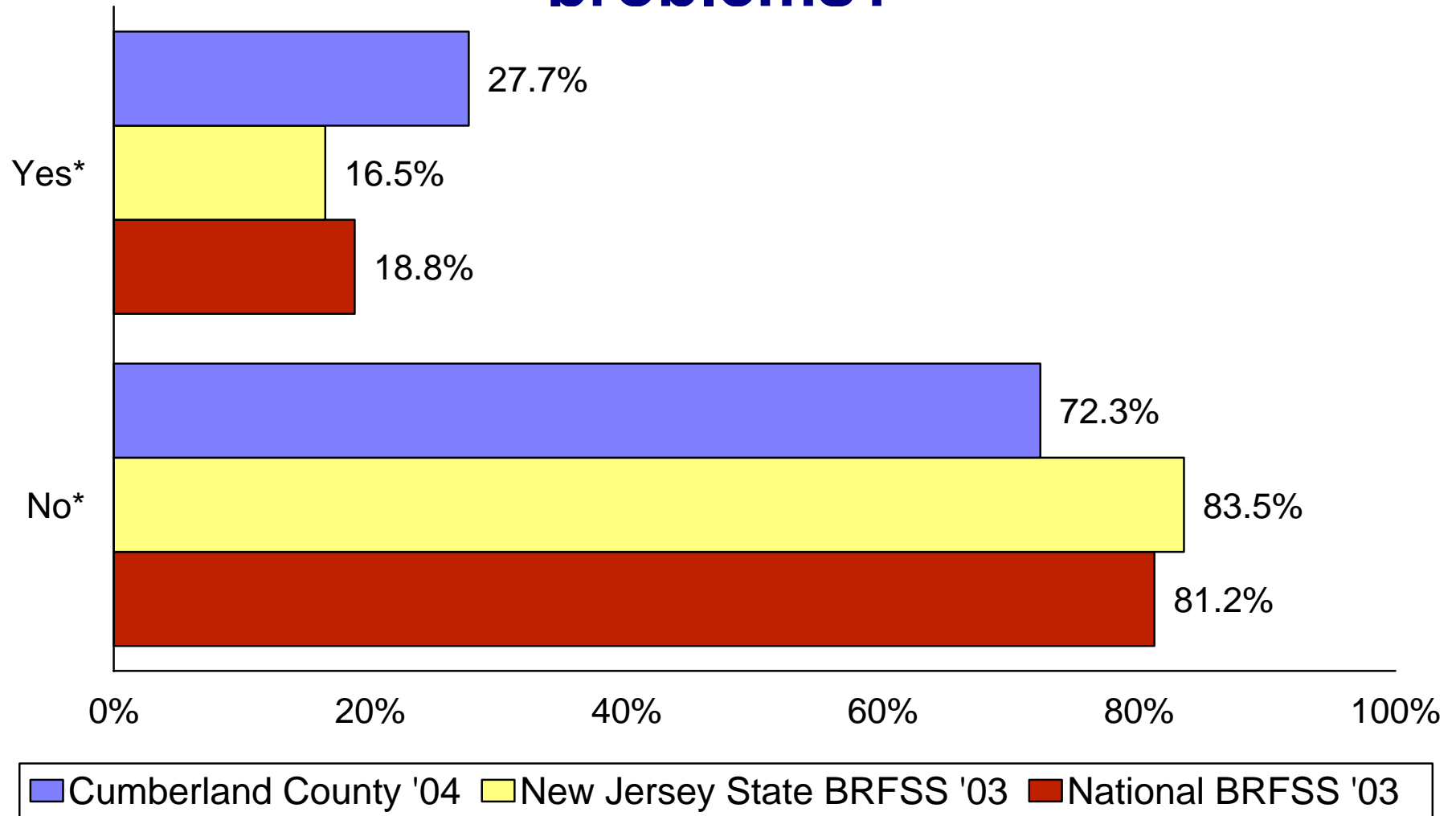
# Were you injured?

*Respondents who had a fall in the past three months*



# Disability

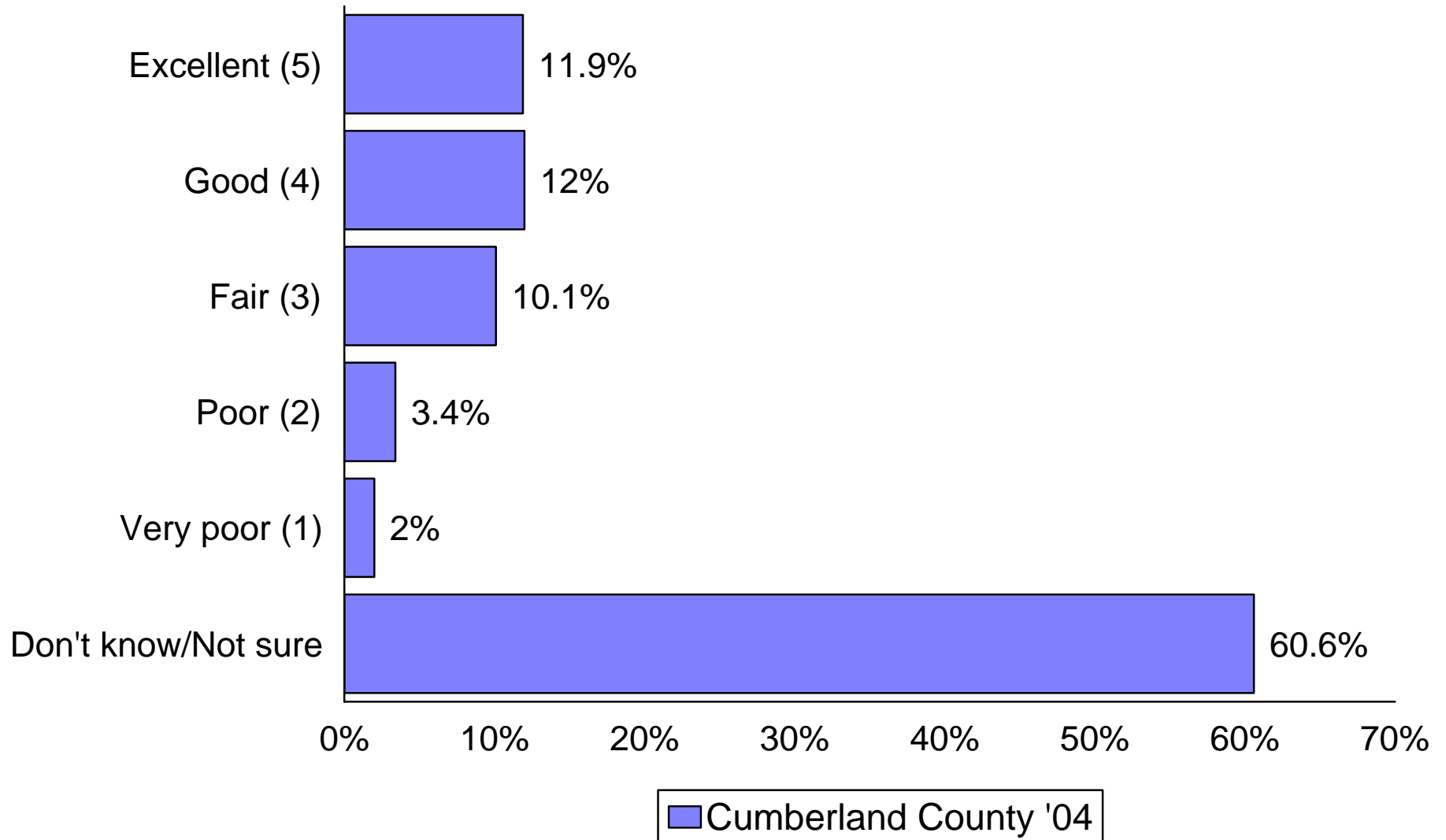
# Are you limited in any way in any activities because of physical, mental, or emotional problems?



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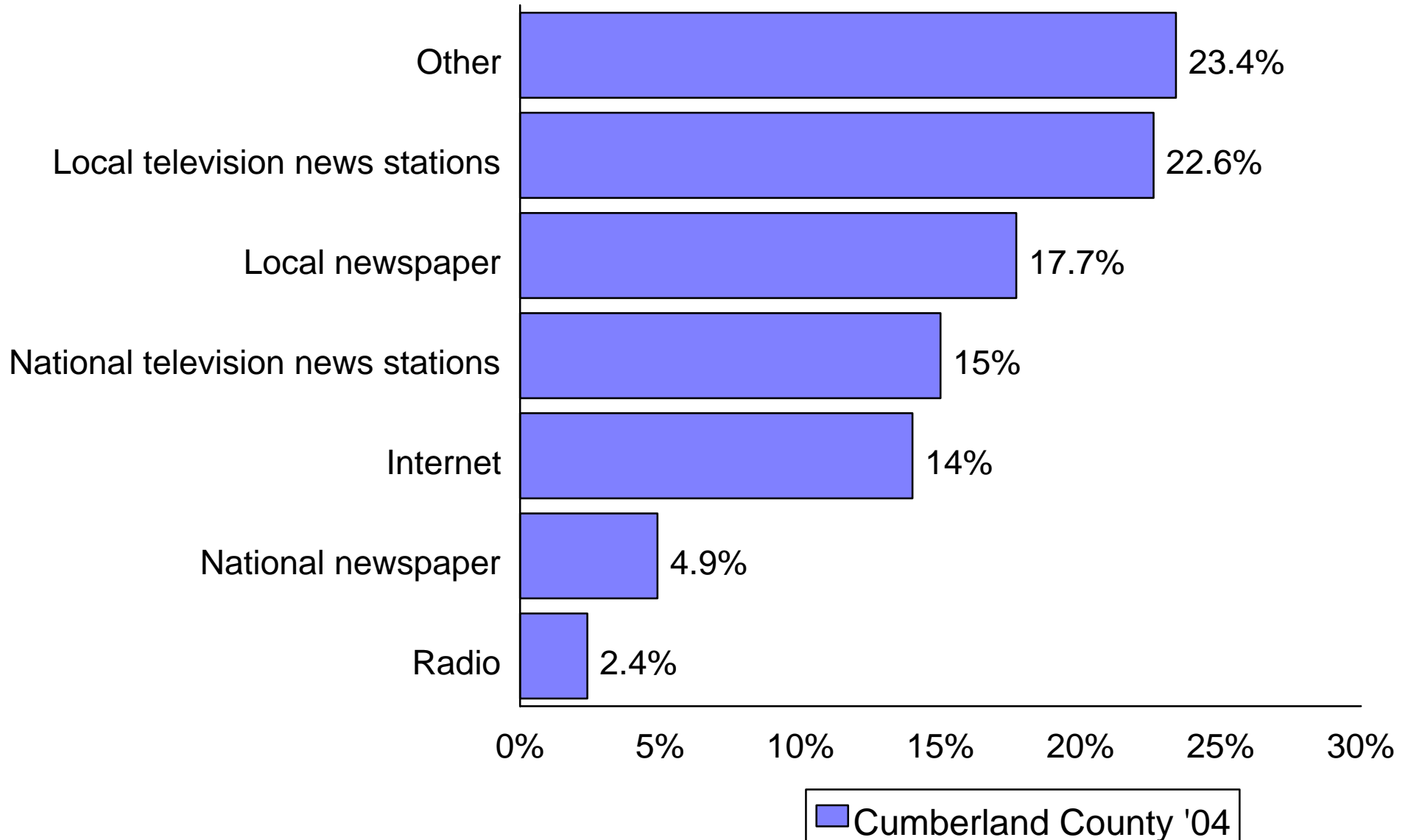
# Health Department

# How would you rate the services offered by your county's health department?



N=615

# Which media outlet do you most use to get health information?



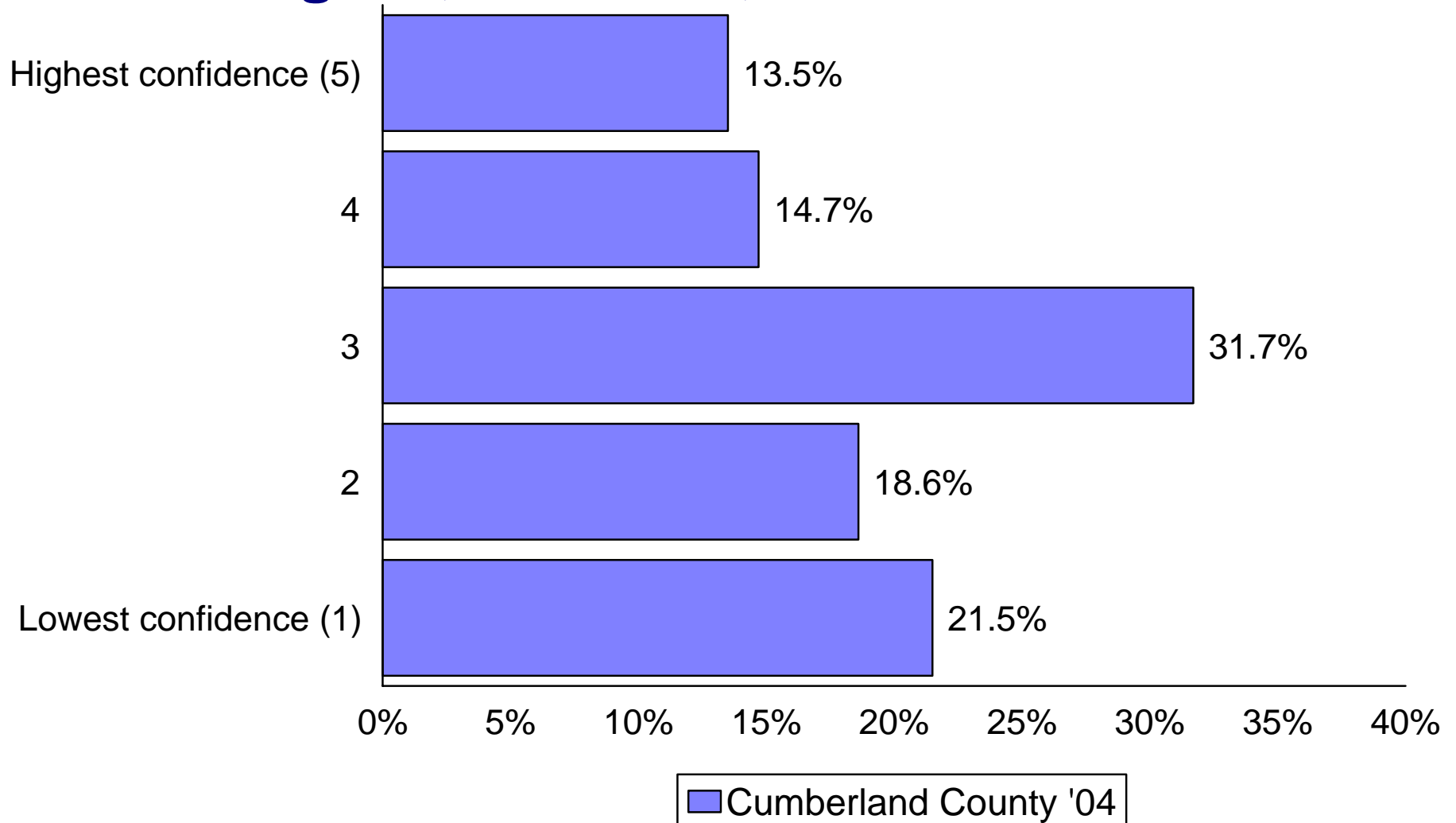
N=593

# "Other" media outlet used to get health information

*Responses with at least 5 mentions*

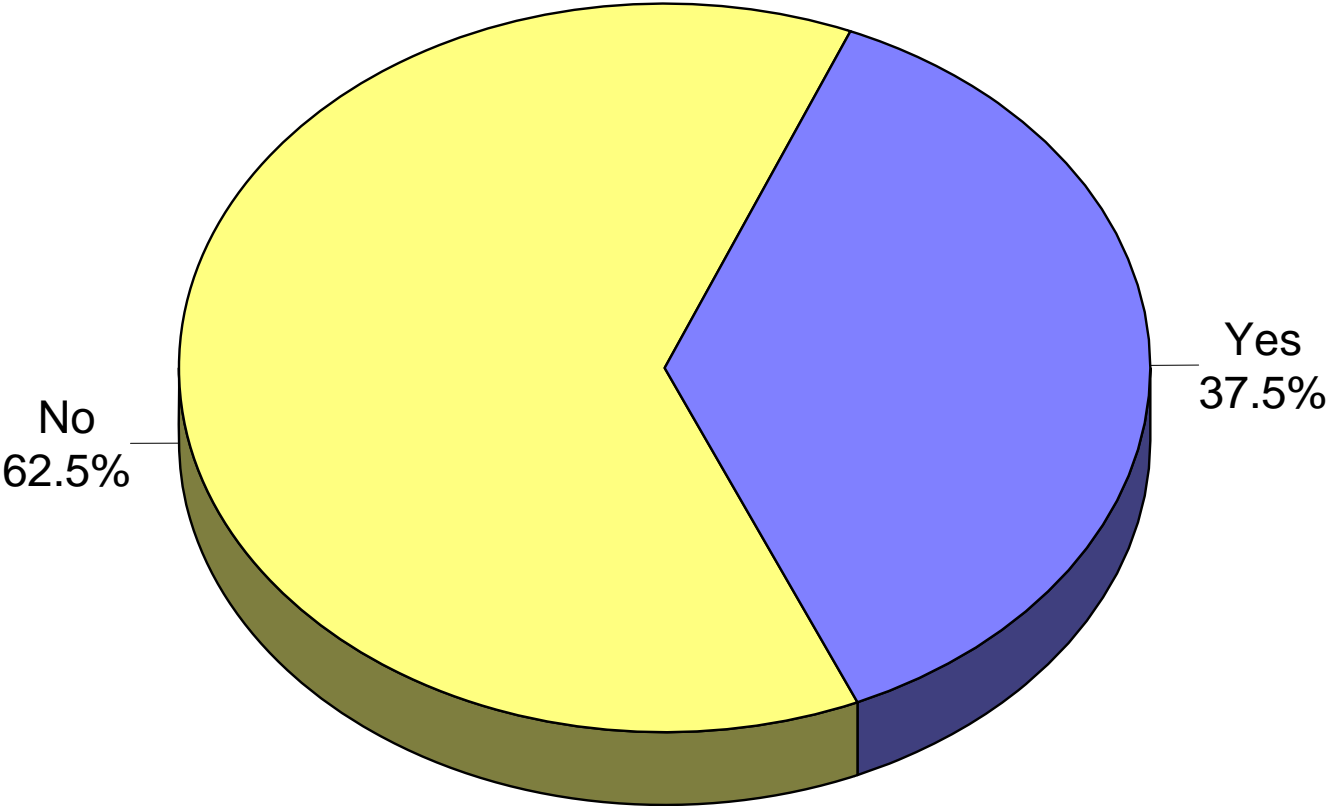
Comment	Mentions
Doctor/nurse	40
Magazines	24
Medical journals/newsletters/literature	19
Friend/family member	17
Books	12
Work in the medical profession	10
AARP	5

# How confident are you in your county's ability to handle a public health emergency, such as a biological, chemical, or nuclear attack?



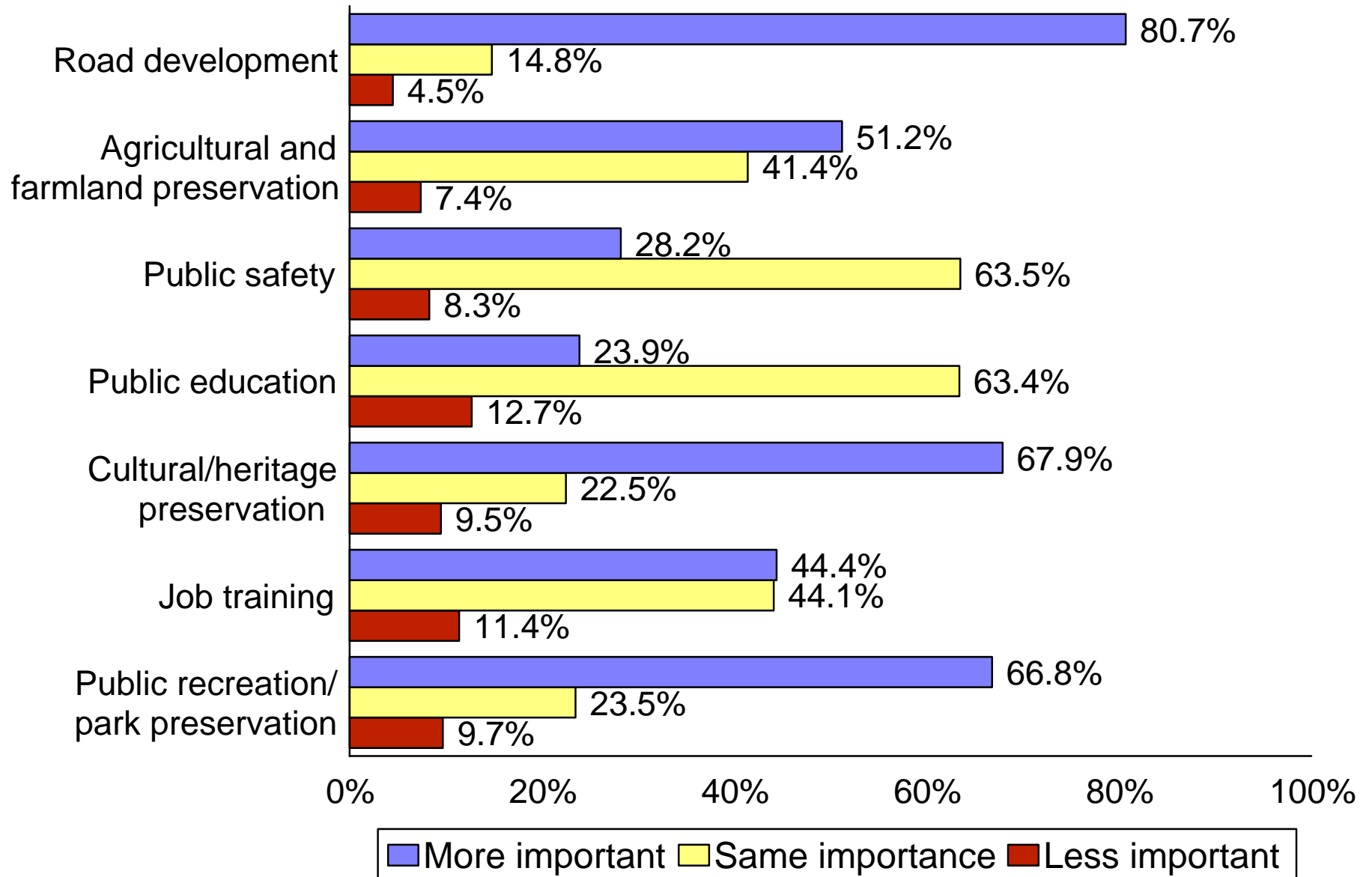
N=494

# Are you aware that the county health department has a preparedness plan to respond to terrorism?

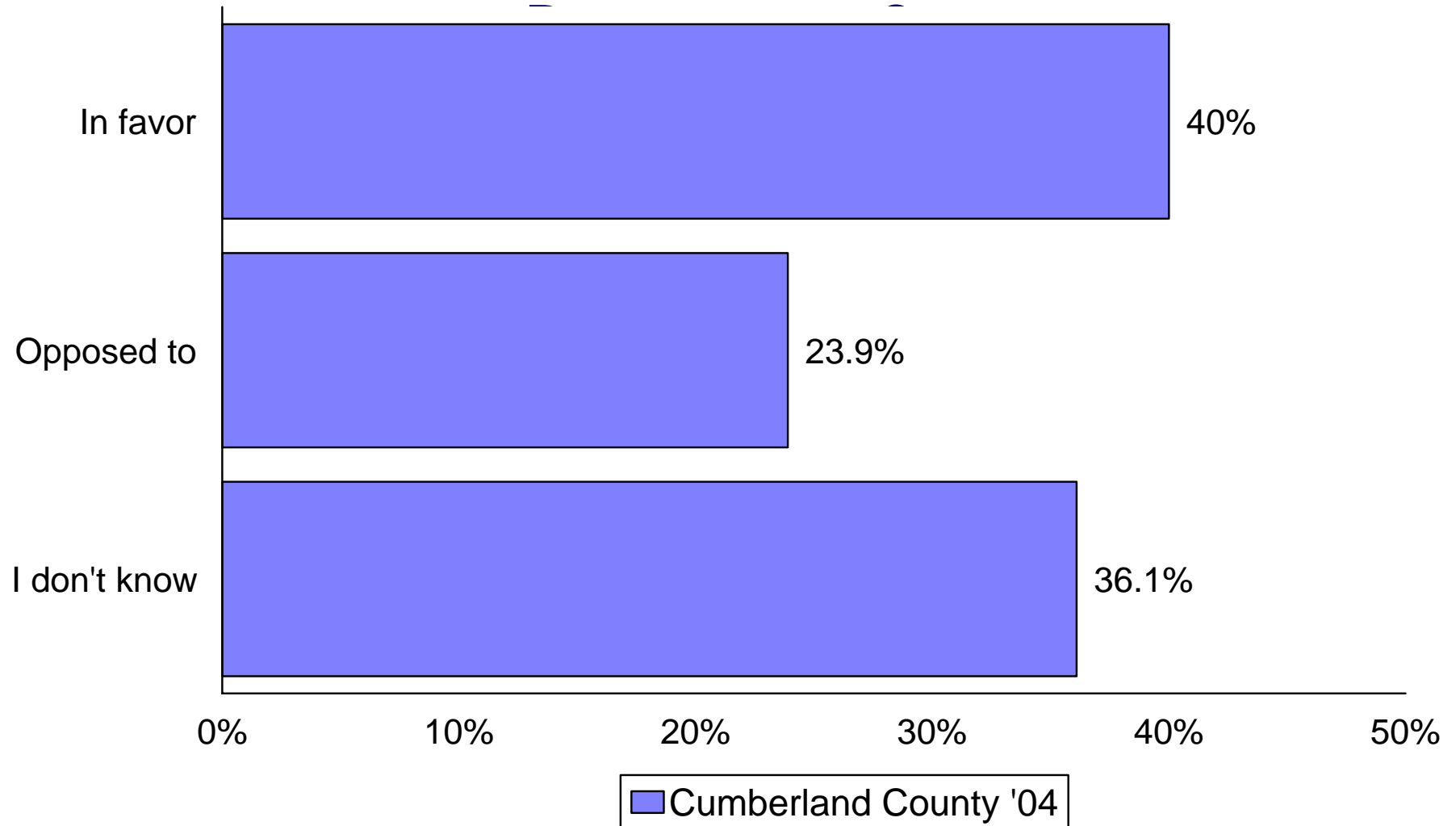


N=614

# Importance of public health compared to:



# Would you be in favor of or opposed to the combining of public health services as provided by Salem and Cumberland County Health



N=615

**Questions or Comments?&#**