



Cumberland County Health Department 2011 Flu Clinic Schedule

<p>October 6, 2011 10:00-1:00 Millville Rescue Squad 600 Cedar St. Millville, NJ 08302 *Vehicle drive thru only *Adults and children age 12 years and older</p>	<p>November 3, 2011 10:00-12:00 West Park Methodist Church 625 Shiloh Pike (Rte 49 & West Park Drive) Hopewell Twp, NJ 08302</p>
<p>November 15, 2011 12:00-2:00 PM ALMS Center Union Baptist Church 1 Martin Luther King Way Bridgeton, NJ 08302</p>	<p>November 16, 2011 9:30-11:00 AM Holly City Regional Senior Center 1500 South 2nd St. Millville, NJ 08332</p>
<p>November 21, 2011 11:00-12:30 Charlotte Brago Senior Center 736 Landis Ave. Rosenhayn, NJ 08352</p>	<p>December 13, 2011 10:00-12:00 Center for Human Services 22 Washington Street Bridgeton, NJ 08302</p>
<p>December 29, 2011 10:00-11:30 American Legion 220 Buck Street Millville, NJ 08332</p> <p style="text-align: right;">*NEW</p>	<p>Questions? Contact the Health Department at (856)327-7602 ext 1114 *Additional dates will be added as vaccine supply permits. Check our website at cshealth.org for updates.</p>

Health experts now recommend that **everyone 6 months of age and older** get vaccinated against influenza every year. Even healthy children and adults can get very sick from the flu, but certain people are at greater risk for serious complications if they get the flu, including:

- People 65 years and older
- Children younger than 5, but especially children younger than 2 years old
- People with certain chronic health conditions like asthma and COPD, diabetes (both type 1 and 2), heart disease, neurological conditions, and certain other health conditions

*Flu vaccine is **FREE** for Cumberland County residents that live **in our service area** regardless of insurance status. There is a \$20.00 charge for Vineland residents or residents that live outside of Cumberland County.