



Medical Reserve Corps (MRC) Unit

On-Line Training designed to meet current National MRC core competencies
Posted December 2007

1. Create a New Jersey Learning Management Network (NJLMN) Account

<https://njlmn.rutgers.edu/>

Having an account will allow you to look at the Calendar of Courses and to register for both classroom and on-line courses from this site.

2. Create a Medical Reserve Corps LISTSERV Account, Region II to access the message board and TRAIN

<http://www.medicalreservecorps.gov/HomePage>

3. Training Plan: Please send copies of certificates of completion to Kathleen Vito, MRC Coordinator and LINC'S PHN, 98 Market St, Salem, NJ 08079

MRC Core Competencies Matrix

| Specific Competency | Knowledge | Skill | Training | Date Complete |
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| Describe the procedures and steps necessary for the MRC member to protect health, safety, and overall well-being of themselves, their families, the team, and the community | Identify the key components of a personal and family preparedness plan. | Prepare a personal and family preparedness plan | 1. CSMRC Class room training session on PPE (June and January, check CSMRC News for details) | 1. Size: Date: |
| | Identify and recognize the potential barriers to executing the plans and identify contingencies | Review it with family, neighbors, and friends | OR On-line modules: Standard Precautions and Respiratory Hygiene, MRC-Train Course # 1007977 | |
| | Identify key components of a variety of preparedness | Set up occasions to implement the drill and measure its efficacy or need for revision | AND Public Health Emergency Training Module, MRC-Train Course # 1007957 www.mrc.train.org PLUS in person fit | |



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| | <p>kits(e.g., home kit, Go kit, kit at work)</p> <p>Identify key components to keeping one's self, family, team and community safe</p> | <p>Utilize recognized methods of protection (hand washing hygiene, cough etiquette, masks and other personal protective measures or PPE)</p> | <p>testing for N 95 respirator by CSMRC staff. Re-fit test after change in body weight by 30 pounds, facial surgery, changes in health related to cardiac or respiratory function</p> <p>AND</p> <p>2. On-line module: Personal Preparedness, University of Albany CPHP, E-Learning www.ualbanycphp.org/default.cfm</p> <p>AND</p> <p>3. Visit www.njhomelandsecurity.gov and download Ready Together New Jersey. Fill out the personal emergency card and pp 9-13. Make a copy for your CSMRC file.</p> | <p>2.</p> <p>3.</p> |
| <p>Describe the impact of an event on the mental health of the MRC member and their family, team and others</p> | <p>Identify the range of anticipated stress reactions experienced by disaster survivors, MRC members, responders, and others in the early aftermath of disaster</p> | <p>Provide psychological first aid to disaster survivors, MRC team members and others</p> | <p>1. On-line module: Psychological Aspects of Bioterrorism and Disaster Response for public health professionals, UMDNJ, NJCPHP, on-line from the NJLMN web site OR Classroom session of the course (schedule</p> | <p>1.</p> |



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| | <p>Identify when, how, and where to refer disaster survivors, MRC team members, and others for additional mental health support and care</p> <p>Identify the basic elements of Psychological First Aid and the key ways to provide emotional care and comfort to disaster survivors, MRC members, and others in the early aftermath of disaster</p> | | via NJLMN) | |
| Describe the MRC member's communication role(s) and processes with response partners, media, general public, and others | <p>Understand the role of the Public Information Officer (PIO) or other authorized agent</p> <p>Understand an individual MRC member's role and responsibilities in communicating with response partners, media, general public, and others</p> | <p>Perform your roles and responsibilities in the position you are assigned</p> <p>Communicate effectively with response partners, media, general public and others</p> | <p>1. Federal Emergency Management Agency Course online; IS 100: Introduction to the Incident Command System: On-line available www.training.fema.gov/EMIWeb/IS/crslst.asp OR In-class session (check NJLMN)</p> <p>2. CSMRC class session on risk communication and HIPAA (June and January, check</p> | <p>1.</p> <p>2.</p> |



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| | Understand legislative requirements related to the sharing of protected information (HIPPA, personal information) | | CSMRC News for details) | |
| Demonstrate the MRC member's ability to follow procedures fro assignment, activation, reporting and deactivation | Describe the local MRC's guidelines or procedures fro assignment, activation, reporting, and deactivation | Participate in a drill or public health activity | CSMRC specific training for flu clinics, KI distribution, other actual events, drills, exercises. Public Health activities such as health fairs, disease screening, community education events. | 1. Date and name of activity: |
| Identify limits to own skill, knowledge, and abilities as they pertain to MRC role(s). | Identify the physical and emotional challenges for various types of duties, assignments and activities Identify personal and professional liability Identify gaps in own knowledge-base & training needs | Engage in a self- assessment Communicate limitations when appropriate or necessary | 1. CSMRC orientation session (June and January, in class session, check CSMRC News for details) AND 2. Participate in a drill, exercise, training or actual event AND 3. Complete CSMRC application survey from CSMRC AND 4. Additional phone interview/questionnaire | 1. Date attended: 2. Date and name of activity: 3. Date submitted: 4. Date completed 5. Date ID |



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| | | | <p>on skills and background</p> <p>AND</p> <p>5. Communicate health problems, prescribed medications routinely taken to Emergency Preparedness Department staff. Names of medications provided for Salem County OEM ID system (bar coded on ID badge)</p> | <p>badge photo taken:</p> <p>Medical alert bracelet if applicable</p> |
| <p>Describe the chain of command (Emergency Management System, ICS, NIMS), the integration of the MRC, and its application to a given incident</p> | <p>Understand NIMS & NIMS Compliance</p> <p>Understand the Role of the MRC in ICS</p> <p>Understand how ICS is interdisciplinary & organizationally variable</p> <p>Identify the 5 ICS Management Functions</p> <p>Understand the Principles of Span of Control</p> <p>Identify the Roles & Responsibilities</p> | <p>Operate within the structure of the Incident Command System</p> <p>Notify the Chain of Command when safety action is necessary</p> | <p>1. Federal Emergency Management Agency Courses (FEMA) on-line available http://www.training.fema.gov/EMIWeb/IS/crslist.asp or in class setting (check NJLMN) IS 100 Introduction to Incident Command</p> <p>OR</p> <p>IS 100 Introduction to the Incident Command System for Healthcare or Hospitals</p> <p>AND</p> <p>IS-700: National Incident Management System (NIMS), An Introduction</p> | <p>1.</p> <p>2.</p> |



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| | of Key ICS Positions | | | |
| | Identify the Key Facilities and Locations Described in ICS | | | |
| Describe the role of the local MRC unit in public health and/or emergency response and its application to a given incident | <p>Understand our community's public health system and the role of the MRC in local public health activities</p> <p>Understand the public health role of the MRC in emergency response</p> <p>Understand who has authority to activate & authorize the local MRC unit</p> | Perform your roles and responsibilities in your MRC as they integrate within the public health or emergency response system | <p>1. Orientation To Public Health on-line from NJLMN</p> <p>AND</p> <p>2..On-line module: Working In A Pod, University of Albany, CPHP, E-Learning http://www.ualbanycphp.org/default.cfm</p> <p>AND</p> <p>3. On-line, MRC 101.PDF, National MRC Home Page</p> | <p>1.</p> <p>2.</p> <p>3.</p> |
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4. Recommended Additional Training:

First Aid

CPR

CDC web casts

University of Albany web casts

RESOURCES/PINATA/BROADCASTS free from

<http://www.ualbanycphp.org/default.cfm>

Many of these grant approved contact hours for nurses and CME's for physicians/advanced practice nurses.

CUMBERLAND COUNTY
DEPARTMENT OF HEALTH
790 East Commerce St
Bridgeton, New Jersey 08302



SALEM COUNTY
DEPARTMENT OF HEALTH
98 Market Street
Salem, NJ 08079

www.cshealth.org

George Washington University: <http://www.nnepi.org> lists many topics of special interest to hospital nurses, school nurses, home care nurses, nurses who work in skilled nursing homes, occupational health nurses and those who work in ambulatory care. Most are free as the project was funded by a grant to George Washington University from the Department of Homeland Security for a national nurse emergency preparedness initiative.

MRC-Train – a national network of courses from multiple sites. Please note that some course host organizations charge a fee and not all offer approved continuing education for health professionals. www.mrc.train.org

New Jersey Management Learning Network Free 40 Hour Bioterrorism Course for Health Professionals:

Modules 1-8, on-line or in class sessions

Modules 9 + 10, for nurses, grants free approved contact hours, in class onnly sessions